

## How to End Sexual Harassment

If you are being sexually harassed here are some steps you can take to end the harassment:

- **SEEK SUPPORT**—> Confide in Someone You Trust
- **SAY NO**
- **KEEP A RECORD OF EACH ENCOUNTER**
- **LEARN ABOUT SEXUAL HARASSMENT POLICIES AT YOUR SCHOOL OR JOB**



### **Peer Counseling Center**

**445 West 59th Street**

**North Hall-Room 3134**

**Phone: (212)-237-8271**

**E-mail: [peercounseling@jjay.cuny.edu](mailto:peercounseling@jjay.cuny.edu)**



**JOHN JAY COLLEGE**  
THE CITY UNIVERSITY OF NEW YORK  
OF CRIMINAL JUSTICE

Department of Counseling  
**Counseling Services**

*@ John Jay*

# SEXUAL HARASSMENT



## Sexual Harassment is Any Unwanted:

- Sexual Advances
- Requests for Sexual Favors
- Verbal or Physical Contact
- If the harassment is being used as a way to exploit you at work and interferes with your performance
- If the harassment is occurring at school and is interfering with your academic success
- Sexual harassment is often about power and many people in positions of power may abuse their privileges

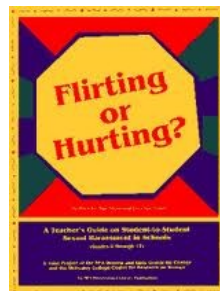


## Are You Being Sexually Harassed?

\*\*\*Here Are Some Example of Sexual Harassment

- **JOKES OR REMARKS ABOUT YOUR BODY OR CLOTHING**
- **DEMANDS FOR SEXUAL FAVORS**
- **OBSCENE GESTURES OR SOUNDS**
- **REPEATED, UNWANTED TOUCHING**
- **LOOKS OR STARES THAT MAKE YOU FEEL UNCOMFORTABLE**
- **SEXUAL ASSAULT**

\*\*\*The actions mentioned above are not the only actions related to sexual harassment. If you are in a situation where you feel uncomfortable, do not be afraid to say something. Remember, that men can be the victims of sexual harassment as well.



**Sexual Harassment is a Crime in the subway, too—**  
 A crowded train is no excuse for an improper touch.  
 Don't stand for it or feel ashamed, or be afraid to speak up.  
 Report it to an MTA employee or police officer.

## Why Does Sexual Harassment Go Unreported????

Many people may feel uncomfortable saying something about being sexually harassed because they may be afraid of not being believed. Victims of sexual harassment may blame themselves or may worry that others might judge them. If you are being sexually harassed you have every right to NOT be judged and report the harassment. Many places of employment and college campuses have policies in affect to help people who are the victims of sexual harassment seek support.

## John Jay College's Policy on Sexual Harassment

According to the 2010-2011 Undergraduate Bulletin, Sexual Harassment is:

Illegal under federal, state, and city laws. Harassment of employees or students based upon sex is inconsistent and contrary to the University's non-discrimination policy and will not be tolerated. John Jay College, a unit of The City of New York, works to create a cooperative working and learning environment in which there is mutual respect for all students, faculty, and staff.

For Additional Information Concerning Policy and Filing a Complaint, Contact

Silvia Montalban, Affirmative Action Officer

at

smontalban@jjay.cuny.edu