



**DEPARTMENT OF ATHLETICS,  
RECREATION & INTRAMURALS**

**RETURN TO SPORT PLAN**

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## I. Introduction

The John Jay College Department of Athletics is committed to providing a safe, healthy, and equitable environment for its student-athletes, staff members, and visitors as we return to campus for the fall 2021 semester. The department looked at three key areas; CUNYAC decisions, the establishment of Internal Policies, and Sports Medicine.

The John Jay College Department of Athletics is committed to follow, in full cooperation, the continuing guidance of Federal, State, and Local governments, in addition to, the guidance set forth by the NCAA, CUNYAC, and the John Jay College return to campus plan. The Return to Sport plan will fully align with the John Jay College re-opening plan for a reduced campus capacity and controlled reopening.

The John Jay College Department of Athletics will abide by all campus safety protocol practices including the Everbridge Daily Health Screening application and coordinating with the Department of Public Safety to obtain authorization to access the campus.

In accordance with the New York State Supplemental Guidance for Athletics at Higher Education Institutions, John Jay will notify and coordinate with the local NYC health department for the resumption of intercollegiate athletics. The John Jay Athletics Department, in coordination with the John Jay College campus, will provide health and safety plans, protocols, and/or procedures to the NYC health department.

### *Education of COVID-19*

As relevant information continues to evolve at the federal, state, and local levels John Jay Athletics will continue to monitor and update our safety protocols. The safety of student-athletes, coaches, staff, and larger John Jay constituency will be the top priority. Throughout the pandemic John Jay Athletics has and will continue to provide regular updates to the entire athletic constituency; student-athletes, coaches, staff, and college administrators.

The college has created a web-based [COVID-19 Training](#)<sup>1</sup> that includes information about symptoms, transmission, testing, prevention, how to put on, take off, clean and discard face coverings and other personal protective equipment (PPE), and additional guidelines. The training must be completed by all Public Safety Officers, Facilities personnel, and all John Jay individuals requesting access to campus, including faculty and students coming for on-campus classes or to complete work on campus (with appropriate reservations/approval). The training includes an attestation by the individual that failing to follow guidelines could pose risk to self or others and result in the revocation of campus access privileges.

Prior to interacting with student-athletes and resuming responsibilities on campus the athletics staff will participate in meetings and educational platforms designed to educate them on the following:

- Institutional/athletic department COVID-19 testing process/procedures.
- Prevention of community spread.
- Coordinated efforts of the college/department policies & government guidelines.

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<sup>1</sup> <https://www.jjay.cuny.edu/plan-staged-reopening> IIC: Campus Access Procedures, Access Education & Training Plan

- Updated internal department/campus wide policies on facility usage, transportation, and medical requirements.

## II. CUNYAC Decisions

Each college in the CUNY system will have their own unique challenges. The conference office will need to set the course, as decisions are made and applied to each college return to sport plan by May 1. The conference needs to firmly make decision across all schools whether the schedule will reflect; conference only play, limitations on out of state competitions, specified # of reduced competitions above the minimum, yet, under the maximum, or a return to a full “pre-covid” schedule of games. The conference office should also understand the true limitations of each sport on outdoor facilities. Weather and COVID related cancelations and rescheduling will occur. Assistance through the conference office to secure rental venues could be a necessity.

## III. Overview

**A. Campus capacity limits** will dictate the number of student-athletes we will be able to allow on campus at a given time. Space limitations due to renovations at John Jay will also limit the facilities our department will have access to during the 2021-22 academic year. Since the college will not allow outside rental groups for the Fall 2021 semester this will allow for additional practice times to be available to our teams to utilize. In addition, this will allow our department to manage the traffic flow in the athletically controlled facilities to allow for proper spacing, limiting of simultaneous practice times, and adequate cleaning when the space turns over. The Department of Public Safety has expressed the possibility of opening specific entrances/exits for designated athletic usage to assist with traffic flow. Furthermore, to assist our student-athletes with any asynchronous/synchronous virtual academic modality we will attempt to secure classroom spaces for virtual learning. John Jay Athletics will continue to limit in-person gatherings and will continue to utilize teleconferencing platforms. John Jay Athletic facilities will be outfitted with clear signage to communicate that a six-foot distance be maintained among individuals at all times.

- a. **Signage** will be used in accordance with the John Jay campus re-opening plan and will be posted throughout all athletically controlled facilities, space, and offices. Signage will be consistent with the NYS DOH COVID-19 signage<sup>2</sup> to alert student-athletes, staff, and coaches to:
  - Wear a face covering that covers their nose & mouth.
  - Discarding of used PPE.
  - Adhering to physical distancing (6ft).
  - Procedure for reporting symptoms or exposure to COVID-19.
  - Apply proper hand & respiratory hygiene.
  - Guidelines to properly clean and disinfecting of surfaces.

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<sup>2</sup>[https://coronavirus.health.ny.gov/system/files/documents/2020/04/13067\\_coronavirus\\_protectyourself\\_poster\\_042020.pdf](https://coronavirus.health.ny.gov/system/files/documents/2020/04/13067_coronavirus_protectyourself_poster_042020.pdf)

On campus, signage will be posted to remind individuals to adhere to proper hygiene, social distancing rules, appropriate use of PPE, and cleaning and disinfection protocols. Examples include the following:<sup>3</sup>



In accordance with the NYC DOH's 'Interim Guidance for Professional Sports Training Facilities'<sup>4</sup> during the COVID-19 Public Health Emergency' occupancy will be limited to a maximum of 50% capacity as set by the total occupancy stated in the certificate of occupancy for each facility. The six feet distance between; coaches, staff, student-athletes must be maintained at all times unless safety or execution of the core activities requires a closer distance (ex: medical emergency or treatments).

In accordance with the John Jay College re-opening plan PPE will be afforded to all those that enter the college, if they do not possess their own face covering. Face coverings will be required at all times and will be monitored by Public Safety as well as social distancing student peer monitors. All non-essential athletically controlled facilities or areas will remain closed until further notice. John Jay College and Department of Athletics reserves the right to close any

<sup>3</sup> <https://www.jjay.cuny.edu/plan-staged-reopening> IIF. Communication

<sup>4</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf>

athletic facilities at any time, including, without advanced notice to ensure the health, safety, and cleaning of the facilities.

In following with the threshold standards set forth by NYS, John Jay Athletics will follow, “The greater of 100 individuals or 5% of the total on-campus population test positive using a 14-day rolling average. During such limitation period, in-person athletic events, extracurricular programs, and other nonessential student activities must be suspended.”<sup>5</sup>

**B. Outdoor facilities:** John Jay has no outdoor practice or competition facilities. John Jay relies on the securing of permits for practices/ games via the NYC Parks Department and renting venues from third party institutions. The John Jay Athletics staff will work to ensure all guidelines and procedures for any facility are adhered to with the utmost caution. Any guidelines issued by a contracted third-party rental for facilities will be, adhered to, in addition to, or superseding any internal guidelines.

- i. Game contract specification and information regarding arrival, pre-game, in-game, and post-game health and safety procedures.
- ii. Health screening of student-athletes and staff prior to arrival.
- iii. Completion of Everbridge App for those traveling to the off-site venue via college transportation.
- iv. Daily COVID-19 Symptom Check provided by John Jay Athletics.
- v. Site-supervisor checkpoint before entering the athletic competition area to ensure completion of above questionnaires and temperature screening.

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<sup>5</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/HigherEducationSupplementalGuidance.pdf>

#### IV. Internal Policies

- A. Spectator Policy:** John Jay will not allow spectators to attend indoor/ outdoor sporting events in-person. The no spectator policy will assist the college and departmental staff in providing a safe competition environment. We have invested in technology that could lead to the streaming of outdoor sports. It will be required that all spectators attending outdoor sporting events remain outside the field of play and they will not be allowed to enter the area of competition. For example, spectators attending games at Randall's Island will remain outside the fencing that creates a barrier to the field. Reasoning would be to allow for adequate social distancing and crowd control. This policy will be posted with signage and communicated on the athletics website, social media platforms, and in the COVID protocols of a game contract. At this time, NYS allows spectators to attend collegiate events. However, John Jay Athletics will continue to monitor the guidance of NYS set forth in the Sports and Recreation Master Guidance<sup>6</sup> document (March 25, 2021) if the policy needs to be revisited.
- B. Game Day Staffing Policy:** John Jay will limit the game day staff personnel for home games to the pre-established number of essential staff members needed to successfully run an event indoors and outdoors. For ex: 4-5 workers for all sports per game. Reasoning would be to limit the number of people needed to be at the game and assist with limiting transportation of those workers in the athletic vehicles to off-site "home" events. The game day staff supervisors will have the discretion to hire skilled worker positions from outside the college such as; clock operator, scoreboard operator, play-by-play announcer, and STAT Crew operator. These positions are essential to the success of the game day operation.
- C. Rental Policy:** Although it is anticipated that John Jay College will institute a campus policy prohibiting the renting of its facilities to outside groups during the fall semester the Athletics Department will plan for rentals to return in the spring of 2022. Rentals are a key revenue stream for the athletics department. When rentals are allowed to return the department will take the necessary steps to ensure safety to all parties by establishing strict contractual policies and guidelines. For instance, the use of a wellness app, screening, and health checks prior to entering campus. In addition to contact tracing, notification plan, and cleaning. All rental contracts will be amended to reflect payment for these services.
- D. Facility Policy:** In an attempt to alleviate any issues, yet remain within campus capacity mandates during the Fall 2021 semester, the Athletics Department will limit the number of teams practicing at one time during the same time slot utilizing the same facility. The department can revisit this decision at any time, as campus guidelines evolve. In addition, the department will allow for a buffer window to allow for cleaning and to manage traffic flow in the gym, athletic training room, and changing facilities. As per NYS guidelines all non-essential facilities will remain closed.<sup>7</sup> Visible signage will be placed at the entrances and

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<sup>6</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/SportsAndRecreationMasterGuidance.pdf>

<sup>7</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 5).

throughout all the athletic facilities reminding those allowed to use the facility to maintain a minimum distance of six feet in all directions, mandatory face coverings (covering mouth & nose), and to use proper hygiene<sup>8</sup>. The college has increased hand sanitizing stations that can be used by all in and around the athletic facilities. Receptacles for proper disposal of any PPE will be available throughout all of the athletic facilities. A cleaning log will be maintained within the athletic and facilities departments to monitor the daily cleaning routines of the various athletically controlled areas.

In accordance with NYS guidelines all coaches must adhere to all protocols and procedures while coaching. Including, but not limited to, maintaining adequate social distancing at all times.<sup>9</sup> Any coach found not in compliance will be subject to college discipline. John Jay athletics will provide each coach and student-athlete with the resources and knowledge to fully understand the scope of these stringent requirements as part of the respective fall semester coaches and student athlete orientation process. The department will work in cooperation with the facilities department to ensure that the restrooms used by student-athletes, coaches, and staff are routinely cleaned. Each bathroom will have a log sheet to document the cleaning.

John Jay Athletics will work with the Department of Public Safety and Facilities to prohibit the use of small spaces (ex: elevators, staff rooms, locker rooms/ changing areas) by more than one individual at a time, unless proper face coverings are in use. However, even with proper face coverings the capacity of these designated small spaces shall not exceed 50% of the maximum capacity of the space, or vehicle.<sup>10</sup>

- John Jay Athletics will mitigate and monitor the traffic flow in its facility spaces, as well as, increase the air flow or supplement air flow wherever the buildings designs allow.<sup>11</sup>
- John Jay Athletics will use directional signage to instruct all users of the athletic facilities to use designated entrances and means of egress to limit bi-directional foot traffic.<sup>12</sup> Signage and routine monitoring by the site supervisor will discourage individuals from congregating in hallways, gym lobby, and designated changing spaces.

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<sup>8</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 4).

<sup>9</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 5).

<sup>10</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 3).

<sup>11</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 3).

<sup>12</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 4).

- John Jay Athletics will continue to monitor the guidance from NYS regarding individual and team workouts and revise accordingly. However, at this time all in-person workouts will be limited to “individual workouts at team facilities.”<sup>13</sup>
- John Jay Athletics will block off operating times to allow for enhanced cleaning and disinfection.<sup>14</sup>
- John Jay Athletics and the College will provide appropriate cleaning and disinfection supplies for shared and frequently touched surfaces and encourage student-athletes, coaches, and staff to use these supplies, following manufacturers’ instructions, before and after use of these surfaces, followed by hand hygiene.
- John Jay Athletics must conduct regular cleaning and disinfection of the site and more frequent cleaning and disinfection for high risk areas used by many individuals and for frequently touched surfaces. Cleaning and disinfection must be rigorous and ongoing and should occur at least after each use, daily, or more frequently as needed.<sup>15</sup>

**E. Visiting Team & Officials Policy (for indoor sports):** All visiting teams must complete a health screening and wellness check prior to the arrival on campus. The use of a predetermined special entrance will be designated by the Department of Public Safety. In the game contract process any John Jay screening or protocols will be explained. Officials and Visiting teams will continue to receive a pregame itinerary prior to the competition with explicit details for arrival, during, and post-game. Visiting teams should remain in their assigned changing area space when not in the Main Gymnasium. Upon the completion of the game the team must return to their designated changing area and exit the college shortly after. A work order will be processed to clean the locker room space by the athletics staff. Officials will follow the same procedure. An escort will continue to be provided to both officials and visiting teams. Away teams will not be assigned any pregame treatment time. Taping and treatments should be performed by their own athletic training staff prior to departure.<sup>16</sup>

**F. Scheduling Policy:** John Jay College has scheduled a full schedule of games for the fall 2021 semester with no limitations. The department will await any guidance from the Chancellor, EVC, President of the College, or conference office regarding athletic scheduling. At this time the Director of Athletics and individual coaches will reserve the right to limit the following (but not limited to) out of state competitions, mileage cap, and overnight trips as deemed necessary to ensure safety.

**G. Transportation Policy:** The department has made every effort to limit competition scheduling conflicts for the fall 2021 to ensure for adequate transportation of teams. The department has the use of seven athletic vehicles. Four of those vehicles are twelve

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<sup>13</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 4).

<sup>14</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/SportsAndRecreationMasterGuidance.pdf> (pg. 8).

<sup>15</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/SportsAndRecreationMasterGuidance.pdf> (pg. 12).

<sup>16</sup> CUNYAC Return to Sport Guidelines (pg. 7).

passenger vans, three vehicles are fifteen passenger vehicles. The department also has a relationship with Enterprise Rental Car, located near campus, to secure rental vehicles as needed. The department has made every effort to ensure that all head coaches, assistant coaches, and staff members are cleared to drive, in accordance with the John Jay Public Safety and CUNY certifications. Additional drivers may be necessary to ensure adequate spacing in the vans. The department will mandate masks to be worn inside vehicles at all times. Any individual found to be in violation will be subject to college discipline. Vans will be limited to a 50% capacity dependent on the vaccination status of student-athletes, coaches, and staff. Student-athletes, coaches, and staff should all be screened before entering the van. Student-athletes, coaches, and staff that are traveling separately to an off-campus location for practice/games will be required to complete a home screening via the wellness app before participating.

John Jay Athletics will ensure the rotation of vehicles, so that returning vehicles can be adequately cleaned and disinfected before the vehicle is returned to use.<sup>17</sup> In addition to the van log procedures a log will be maintained to document the cleaning and disinfecting of each vehicle. If an individual(s) were to fail a health screening off-site the department will ensure safe transit back to campus at no expense to the Student Athlete or coach. The Athletic Trainer must be notified and the coaching staff can assist with contact tracing immediately.

**H. Administration and Work Schedule Policy:** The department will follow the guidance set forth by the CUNY and Campus Telecommuting Policy. The department will also work within the policies set forth by the campus reopening committee. All efforts should be made to work remotely while the college remains at a reduced capacity unless their presence is essential.<sup>18</sup> For instance; game days, practices, and events. Staff meetings and individual meetings will continue to be held virtually whenever possible throughout the fall semester, in an attempt, to limit in person interaction. Departmental staff (coaches and administrators) share a work space, therefore, it is recommended individuals that need to be on campus coordinate a schedule to ensure that no two employees are occupying the same enclosed work space at the same time. Face coverings and six foot distance must be maintained at all times. If distancing is not feasible between workstations or facilities the college will provide and require the use of face coverings or physical barriers.

John Jay Athletics will take measures to reduce interpersonal contact and congregation through the following methods:<sup>19</sup>

- Adjusting workplace hours;
- Reducing on-site workforce to accommodate social distancing guidelines;
- Shifting designs (staggered schedules);

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<sup>17</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 4)

<sup>18</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf> (pg. 5).

<sup>19</sup><https://www.governor.ny.gov/sites/default/files/atoms/files/SportsAndRecreationMasterGuidance.pdf> (pg. 10).

- Develop protocols for the safe use of common office equipment such as telephones and radios, copiers, printers, registers, etc.;
- Monitor and control the flow of traffic into the facility, office suite, or athletic area to ensure adherence to maximum capacity requirements.

**I. On Campus Recruiting/Visit Policy:** The department is committed to certify that all coaches and assistants complete & pass the NCAA Rules Exam each year. The department will allow on campus visits in the fall of 2021 with the approval from public safety. On campus visits will be limited to a two hour window and the prospective student athlete can only be accompanied by one parent/guardian/designee during the visit. The prospective student athlete and their respective designee will be required to complete all checkpoints & clearances in full cooperation with the JJC return to campus protocols. The visit must be scheduled & approved one week prior to the actual on campus visit.

**J. COVID POLICY: (continued in Sports Medicine Addendum)**

- Testing:** Through the assistance of the College and CUNY Central the department would like to mandate a testing policy for all student-athletes, coaches, and staff as part of the return to sport plans. However, this would require funding and support to execute testing.
- Vaccination:** The department will continue to encourage vaccination among its athletic constituency.
- Screening:** The department is willing to use a cost effective and secure wellness app to screen its student-athletes and coaches.
- Waiver:** Pending approval/guidance/creation from the campus legal counsel the department is willing to institute a waiver as a component of its Medical compliance and eligibility to be cleared to compete.
- Guidelines:** The department is committed to adhering to all guidelines set forth by federal, state, and local governing bodies to ensure a safe return to sport and campus.

**K. Equipment & Game Policy:**

- Distribution:** The collection and distribution of any and all team gear will be done outside on the Jay Walk in a socially distanced manner.
- CUNYAC:** The department plans to follow and adopt the CUNYAC Equipment Guidelines set forth in the CUNYAC Return to Sport Plan.<sup>20</sup>
  - John Jay Athletics will ensure that regular tools and equipment are regularly cleaned and disinfected using registered disinfectants.
  - All personal equipment for each respective sport will not be shared.
  - John Jay Athletics will ensure that all coaches and student-athletes are properly outfitted with their own sport specific equipment, safety needs, so that sharing of equipment is not needed.

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<sup>20</sup> CUNYAC Return to Sport Guidelines (pg. 6-7).

- Any equipment that is used during a practice or competition will be properly sanitized.
- During game day set up, benches will be placed to maintain social distancing regulations, currently 6 feet.
- Individual seating of game day staff and officials will also be staggered to accommodate the 6 feet regulations. Sports that require switching of benches during competition (ex: volleyball) will forgo this and remain on one side for the duration of the event.
- Post competition sanitization of benches, equipment and high contact surfaces will be undertaken by designated staff with EPA approved products.
- During competition, student-athletes, coaches and officials should limit their contact time with each other as best as possible. Celebrations, high fives, handshakes and huddles are not permitted.<sup>21</sup> During time outs, all efforts should be made to maintain a 6 feet social distancing, but it is understood that this may be difficult.
- Student-athletes must bring their own water bottles and should not share with others. Single use individual bottles of water, Gatorade or other hydrating fluid will be allowed, but must be clearly labeled with the owner's name.
- Student-Athletes must perform hand hygiene before and after inserting or removing mouth guards.
- Towels will not be provided. Student athletes and coaches must bring their own individually labeled towels. Sharing is discouraged.

**L. Finances:** In accordance with the CUNYAC Return to Play Guidelines, the department will work with campus procurement staff to purchase necessary 90-Day supply of PPE and cleaning supplies. The department will exhaust all federal stimulus funds available to the College to fund these expenses, including, if not covered by CUNYAC, testing expenses. John Jay has secured face coverings for all student-athletes, coaches, and staff to wear double masks.

**M. Game Day Operations:**

The Game Day Operations plan will examine the period of time when student-athletes, and staff arrive at the competition site. Please review above policies for further visiting team and official's safety procedures. Please review the Sports Medicine Addendum below for information regarding testing and other health and safety guidance.

**a. Notifications:**

In accordance with the previous pregame practices of the game day operations manager, the visiting team will be provided the following information within

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<sup>21</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/SportsAndRecreationMasterGuidance.pdf> (pg. 7).

72hours of competition as per the CUNYAC Return to Sport Guidelines for Game Day Operations<sup>22</sup>:

- Which entrance to use to enter/exit the facility.
- Any screening requirements needed prior to entry (Everbridge & symptom scan)
- Availability of locker room and/or meeting space.
- No visiting team use of the Athletic Training facility unless a medical emergency
- Any restrictions on fan attendance.
- Provide contact information for
  - Onsite Admin (Joseph Mandile)
  - Athletic Trainer (Roxanne Laraia)
  - Public Safety Office Contact

**b. Personnel**

- i. All individuals required to host a game will be divided into three tiers below, in accordance with the CUNYAC recommendations<sup>23</sup>. Only the individuals within Tier 1 & Tier 2 will have access to the inner bubble spaces (ex: locker rooms, athletic training room, competition area) which always will remain secured.
  1. Tier 1: consists of individuals for whom physical distancing and face coverings are not possible or effective during athletic training or competition. Examples of relevant individuals include student-athletes, coaches, athletic trainers and physical therapists, medical staff, equipment staff and officials. Tier 1 individuals should be limited (e.g., 25-30). All Tier 1 individuals should wear masks/face coverings, except for student-athletes and officials on the playing surface. Physical distancing should be adhered to whenever possible.
  2. Tier 2 — consists of individuals who come into close contact with Tier 1 individuals but can reasonably maintain physical distance and use face coverings during their interaction. Examples of relevant individuals include certain team staff (e.g., athletic department staff, SID, Facility Assistant) and certain operational staff (e.g., security, event staff and league staff). Tier 2 individuals will maintain physical distance and universal masking while performing their jobs, and any interaction with Tier 1 individuals must be approved by the designated event organizer (Assistant AD for Scheduling & Operations: Joseph Mandile) or athletics healthcare administrator (Director of Sports Medicine: Roxanne Laraia), and both parties must maintain physical distance and wear face coverings.

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<sup>22</sup> CUNYAC Return to Sport Guidelines: Guidance and Recommendations for Game Day Operations (pg. 21).

<sup>23</sup> CUNYAC Return to Sport Guidelines: Guidance and Recommendations for Game Day Operations (pg. 21,22).

3. Tier 3 — includes individuals who provide event services but are not in the same vicinity with Tier 1 individuals (and should closer contact become necessary, would be reclassified into Tier 2). Tier 3 individuals should minimize contact with Tier 2 individuals and observe masking and physical distancing at all times. Examples of relevant individuals include certain operational staff (e.g., housekeeping, catering, sanitation and transportation) and media/broadcast.
4. Spectators are NOT PERMITTED until further notice.
5. CUNYAC recommends that ALL Cheer/ Dance teams not be in attendance of any games until further notice.

**c. Physical distancing/PPE/masks-face coverings:**

- i. John Jay Athletics will require all individuals, regardless of role or function, always wear a mask/face covering prior to entry and within the competition venue. The type of mask/face covering and the proper way to wear it should be consistent with CDC recommendations.
  1. Cough/sneeze etiquette and hand sanitization are recommended at all times.
  2. Face shields may be worn but do not replace masks/face coverings, meaning that a face shield alone is not recommended as sufficient infection control mitigation.
  3. No one outside of Tier 1 and Tier 2 individuals shall be allowed in the team areas (e.g., athletic training room, locker rooms, locker room hallway) when student-athletes are present.
  4. When feasible, Tier 1 and Tier 2 individuals will not enter guest and public areas of the competition venue (stands).
  5. Tier 2 individuals may interact directly with those in Tier 1 only as necessary and upon approval. All parties must wear masks/face coverings and maintain 6 feet of physical distance.
  6. Universal masking and physical distancing are the rule except in the competition or medical care areas.
  7. Medical staff should follow strict hand sanitization, especially during sessions with student-athletes. Whenever feasible, athletic training staff and student-athletes they are treating should maintain masking/face coverings and physical distancing.
  8. The pregame meeting between game officials and table crew be conducted in a place that allows for 6 feet of physical distance among participants. Officials should always wear masks/face coverings and maintain physical distancing during all activities except active competitive play.
  9. Recommend eliminating or modifying the captains meeting from its current format.

**d. Cleaning and disinfecting**

1. Competition venue cleaning staff shall ensure all team and game officials areas are cleaned prior to each practice and competition.

This includes, but is not limited to, team and officials locker rooms, coaches' rooms, restrooms, team bench areas, the playing court, goal unit padding, nets and the scorers' table surfaces.

2. Time between practices and games should be adjusted to allow orderly ingress and egress and necessary cleaning protocols to be fully executed. Teams may be restricted to specific entry and exit times to allow cleaning.
3. Regular cleaning by competition venue staff of all high-touch areas, including, but not limited to, restrooms, handles, call buttons, chairs and workstations.
4. Athletic training areas, including treatment tables, stools, high-contact areas and equipment, shall be disinfected after each use.
5. Remind teams and officials to follow personal health guidelines (e.g., wash hands frequently; do not touch your eyes, nose, or mouth; use hand sanitizer; maintain physical distance and wear masks whenever possible).
6. Minimize physical interactions, such as high-fives, fist bumps and hugs, with members of other teams.
7. Provide hand sanitizer stations and disinfectant spray bottles and/or disinfecting wipes in each team locker room, bench and scorer's table.
8. John Jay Athletics will eliminate the use of ball persons who are not Tier 1 individuals. Designate a member of the host institution to clean game court and game balls as outlined.

e. Team bench layout

1. Team benches. Recommend using multiple rows of seats (with appropriate distance between each seat). Seats should be assigned to specific players and coaches.
2. Individual water bottle and towel. Each player and coach will have their own water bottle and towel by their seat. Players and coaches will be responsible for getting their own water and towels, including during timeouts.
3. Masks/face coverings on the bench. Require that all bench personnel who are not on the court/field should always wear masks/face coverings. If a face shield is used, it should be done in conjunction with a face mask.
4. Timeout (where applicable). Recommend movable chairs be used during timeouts and period breaks. At the conclusion of each timeout or period break, the timeout chairs will be removed to a location to be cleaned by team staff.

f. Scorers' table & Game layout

1. Entry tunnels/doors to the seating area: John Jay Athletics will continue to use separate stairwells for ingress/egress for visiting team, home team, and officials.

2. Tier 1 and 2 members should have a different entry tunnel/door to the court than Tier 3 members, if possible.
  - a. Tier 1 and Tier 2 individuals will not use the tunnel/door at the same time.
  - b. John Jay Athletics will ensure proper distancing and masking is utilized instead of plexiglass at the table due to its close proximity to court and potential to cause a hazardous environment.
3. Scorers' table set-up (CUNYAC)
  - a. Only Tier 2 staff at the scorers' table
  - b. Row 1: recommend 4-6 essential Tier 2 staff (e.g., official scorer, shot clock operator, video replay).
  - c. Row 2: other essential Tier 2 staff.
4. Team Bench and Sideline
  - a. Row 1 shall be set back from the playing court sideline a minimum of 6 feet to allow distancing from the court.
  - b. Row 2 should be a minimum of 6 feet behind Row 1.
  - c. Baseline and/or opposite side of the court may be used for other necessary staff.
  - d. A minimum 12-foot physical distance barrier must separate the scorers' table and bench areas from the general seating area.
  - e. John Jay Athletics has a designated broadcasting area separate from the court and will utilize additional balcony space to spread out for A/V needs.
- g. Facility planning: movement in/around areas
  1. Entry/exit: designated areas with proper signage.
  2. All entrants shall be subject to CUNY, John Jay College and local health official restrictions and guidance, including health screening and temperature checks, before entering the competition venue.
  3. Entrants should be advised not to enter the venue if they are experiencing any signs or symptoms of COVID-19, feeling unwell or have been in contact with someone who has tested positive.
  4. John Jay Athletics and the site supervisor will work with Public Safety to ensure proper head count controls are in place at each entry point if local guidelines restrict competition venue capacity as needed.
  5. Entry and exit procedures for the competition venue, back-of-house areas and courtside areas will be clearly marked.
  6. No loitering in back-of-house hallways or common spaces.
  7. Entry tunnels/doors to and from the court must be kept clear; no standing in tunnels/doorways.
  8. Fan seating: There will be a NO FAN policy in place within the CUNYAC & John Jay College until Further notice. CUNY Public Safety

in conjunction with the Home Game Administrator will be used at all games/contests to enforce this policy.

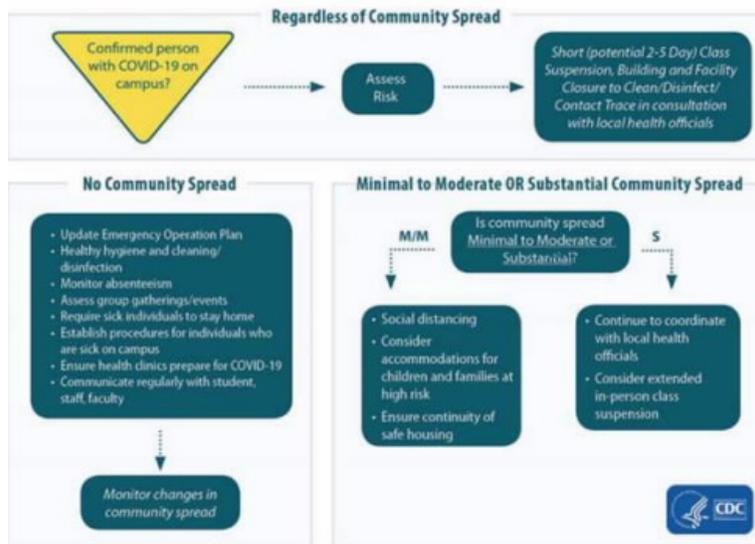
9. Isolation and quarantine rooms.
  - a. Diagnostic testing will be available for symptomatic or suspected cases of COVID-19.
  - b. Isolation and quarantine rooms will be identified and ready for use. Isolation rooms are for newly positive cases or evaluation of individuals with COVID-19 symptoms. Quarantine rooms are for high-risk exposure individuals of newly infected or symptomatic individuals. Local health official reporting protocols should be followed.
  - c. John Jay Athletics will continue to follow all current guidelines & CUNY recommendations if a positive test does occur.
  - d. John Jay Athletics will follow all applicable guidelines for contact tracing and coordinate with the Department of Public Safety.
- h. HVAC considerations (Indoor Sports)
  1. John Jay Athletics will coordinate with the Facilities department regarding HVAC-related engineering controls and encourage three or more air changes per hour and the use of fresher recharge air vs. recirculation.
  2. As per CUNYAC R.T.S., discuss temperature settings targeting a 74+F temperature and 50+% relative humidity. Please Note: All Locker room use is prohibited throughout the CUNYAC unless otherwise approved by individual campus administrations. At this time, John Jay Athletics has not made a decision on visiting team locker usage due to the construction on campus.
- i. Locker Room Transition Guidance:
  1. 1. John Jay Athletics will require all individuals, regardless of role or function, always wear a mask/face covering within the competition venue.
  2. Once Tier 1 individuals reach the team bench, masks/face coverings may be removed for those individuals on the playing court.
  3. Student-athletes and team bench personnel are recommended to wear masks/face coverings within their assigned team locker room.
  4. Social distancing will occur, following the recommend 6 foot spacing between seats within the home and away team locker rooms.
  5. Warmup:
    - a. 1. Masks/face coverings must be worn while transitioning to and from the locker room and court.
    - b. On-court players must replace their masks/face coverings before leaving the court to return to their designated locker room.
  6. Pregame and transitions between games (doubleheaders):

- a. Teams may stretch and warm up pregame within a designated area or their locker room.
    - b. Teams must return fully to their team locker room with two minutes left in the preceding game.
    - c. Teams must wait for permission to enter the floor once cleared by the previous teams and appropriate sanitation procedures have been executed.
  - 7. Showers:
    - a. Teams will depart the facility immediately after their game and shower at home.
  - j. On-court/Outdoor Field operations
    - 1. John Jay Athletics will eliminate any coach/official/scorers' table physical contact (e.g., handshakes, fist bumps) at all times.
    - 2. John Jay Athletics will eliminate the postgame handshake line involving the two participating teams. Instead it will consider some act of sportsmanship, ex: team wave.
    - 3. John Jay Athletics will eliminate or reduce the time allotted for any halftime and/or timeout promotions to allow the court to be cleaned.
- N. Discontinuation of Sport**
  - a. In following with the threshold standards set forth by NYS, John Jay Athletics will follow, "The greater of 100 individuals or 5% of the total on-campus population test positive using a 14-day rolling average. During such limitation period, in-person athletic events, extracurricular programs, and other nonessential student activities must be suspended."<sup>24</sup>
  - b. The Department will follow the current threshold guidance which is six positive cases in a seven-day span.
  - c. During the fall semester the college will be using the following guidance:
    - i. 10% of the total daily attendance

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<sup>24</sup> <https://www.governor.ny.gov/sites/default/files/atoms/files/HigherEducationSupplementalGuidance.pdf>

- d. In accordance with the John Jay College Staged Reopening Plan<sup>25</sup>:



- e. The Department of Athletics will adopt & follow the John Jay College Plan for Staged Reopening. The Department will adhere to all new guidance as it evolves.
- f. If team(s) are found to have multiple positive cases among its S-A's the decision will be made to stop all athletic activities, events and initiate the plan for scaled down activities and contact tracing.

**O. Site Safety Monitor**

- a. In accordance with the John Jay College Plan for Staged Reopening: Mark Flower, IVP for Finance & Administration has been appointed as the Coronavirus Campus Coordinator. Director of Public Safety, Diego Redondo has been appointed Coronavirus Campus Liaison.<sup>26</sup>
- b. Assistant Athletic Director for Scheduling & Operations, Joseph Mandile will serve as the Department of Athletics COVID-19 Site Safety Monitor. He will coordinate with the Coronavirus Campus Coordinator and Campus Liaison on any information pertaining to COVID-19 related to the Athletic Department activities and constituency. These include continuous compliance with the site safety plan and guidance.
- c. When notified of a confirmed positive COVID-19 case through a diagnostic test result for an individual who is currently or was recently present at the venue, the site, the site safety monitor must:
- i. notify the state and local health department of the confirmed positive case,
  - ii. assist with contact tracing efforts to identify close or proximate contacts who may need to quarantine,
  - iii. communicate to known individuals who may have been exposed to the positive case at the venue that a positive case was reported, contact tracing will be performed, close contacts will be notified, and

<sup>25</sup> <http://www.jjay.cuny.edu/plan-staged-reopening>

<sup>26</sup> <http://www.jjay.cuny.edu/plan-staged-reopening>

additional cleaning and disinfection of the exposed area will be performed, and dispatch appropriate staff or personnel to clean and disinfect the exposed areas, in accordance with the above protocols.

**Part 2:**

**John Jay College Athletic Training & Sports Medicine Addendum**

**Purpose:**

To ensure a safe return to the John Jay campus and athletics specifically, the following updates will need to be considered. For general policies please consult the CUNYAC Return to Sport document that will be used as a broad approach to testing, contact tracing, screening and more. The following policies and suggested protocols are an expansion on the conference-wide document to be used for John Jay College's specific needs and facilities.

- I. **Athletic Training Room Policies Updated:** in addition to the existing Athletic Training Room (ATR) policies, the following will allow for safer in person interaction.
  - A. **ATR Capacity Limitations:** Any training, treatment, or work occurring indoors, will abide by the total occupancy which is limited to 50% of the maximum occupancy for a particular area as set by the certificate of occupancy. For the ATR this means no more than 3 student athletes will be allowed in the ATR at one time. This will allow for a configuration of 1 or 2 student athletes obtaining supplies such as coolers for practices and/or games with 1 or 2 student athletes receiving treatment. A distance of six feet will be maintained among individuals at all times, unless safety or execution of the core activity requires a shorter distance (e.g. medical treatments for players). Coaches must also make appointments via text, call, email or scheduling website in order to stay in compliance with the room's capacity limits and to allow for six feet of social distancing at all times. Any time individuals must come within six feet of another person, acceptable face coverings must be worn. Any student athlete entering the ATR must complete SWAY (or similarly designated symptom checker app) and have a temperature check at the door.

1. **Pregame/Pre-practice:** In the case of indoor sport practices/competitions, no more than 3 student athletes can be in the ATR at one time and must be at least 6ft apart from each other. Student athletes must perform hand hygiene before and after inserting or removing mouthguards. A temporary taping table will be set up in the wet room area of the ATR to accommodate for proper spacing. Taping can also be done at the treatment table in the gym by the Athletic Training Station in order to allow for more space. In the case of outdoor sport practices/competitions, student athletes will remain 6ft apart from one another while waiting to be taped. Pre-practice/pregame treatment such as heat or e-stim must be scheduled in the same way treatment for an injury would be.
2. **Post-game/Post Practice:** In the case of indoor sport practices/competitions, the Athletic Trainer on site will speak briefly with a coach who has been designated from each team to do a headcount of the student athletes who will need ice and/or postgame treatment. While the team debriefs the Athletic Trainer will make the ice bags and bring the supplies either into the gym to allow for adequate spacing or the student athletes will have to enter the ATR in groups of 3 at a time to obtain ice, etc. In the case of outdoor practices/competitions, the Athletic Trainer on site will speak briefly with a coach who has been designated from each team to do a headcount of the student athletes who will need ice and/or postgame treatment. The Athletic Trainer will make the necessary ice bags and the student athletes will remain 6 ft. from one another while they wait to receive their ice, etc.
3. **Visiting Teams:**
  - a) **Temperature Checks:** any team staff or venue personnel performing screening activities, including temperature checks, are appropriately protected from exposure to potentially infectious individuals entering the venue.
    - (1) Records will not be kept of health data; personnel performing screening activities must be designated and must be a supervisory-level employee or a healthcare professional; and screeners must be trained.
  - b) **Outdoor Competitions:** In the case of outdoor competitions, there will be an outdoor symptom checking station prior to entering the field. Each member or the traveling party will be required to do the following:
    - (1) Enter the outdoor symptom area in groups of five with a mask on.
    - (2) Show the Game day Supervisor their completed Everbridge app.
    - (3) Get temperature checked. Temperature must be below 100.4.
    - (4) After completing the above, they will gain access to the field
  - c) **Indoor Competitions:** In the case of indoor competitions there will be a symptom checking station prior to entering the facility (i.e. gymnasium,

pool, rifle range, etc.). Each member of the traveling party will be required to do the following:

- (1) Enter the symptom area in groups of five with a mask on.
  - (2) Show the Game day Supervisor their completed Everbridge app.
  - (3) Get temperature checked. Temperature must be below 100.4.
  - (4) After completing the above, they will gain access to the facilities
- d) **Locker Room Usage:** Still TBA due to facility construction
- e) **Taping and Pre/Post game Treatment:** The host Athletic Trainer will not tape and/or provide pre/postgame treatment, with the exception of providing ice bags, to the visiting team unless their Athletic Trainer makes a request 48 hours prior to the competition.
4. **In the case of overlapping schedules:** Teams will enter the ATR at designated post and pre-practice times to ensure that the prior team has exited and all surfaces can be sanitized properly. All treatment appointments will end with a 10-minute grace period between them to endure sanitation of all surfaces and equipment.
5. **Ice Baths:** There will be no team ice baths available in order to limit the amount of student athlete contact and prolonged exposure in a small space.

**B. ATR PPE & Sanitation Updates:**

1. **Sanitation:** John Jay will maintain logs that include the date, time, and scope of cleaning and disinfection of the ATR. John Jay will provide appropriate cleaning and disinfection supplies for shared and frequently touched surfaces and encourage their employees, players, and team staff to use these supplies following manufacturer's instructions for use before and after use of these surfaces, followed by hand hygiene. John Jay will provide and maintain hand hygiene stations on site, as follows:
  - (1) For handwashing: soap, running warm water, disposable paper towels, and a lined garbage can.
  - (2) For hand sanitizing: an alcohol-based hand sanitizer containing at least 60% alcohol for areas where handwashing facilities may not be available or practical.
  - (3) Make hand sanitizer available throughout common areas in the building (e.g. lobbies). It should be placed in convenient locations, such as at entrances, exits, elevators, and security/reception desks. Touch-free hand sanitizer dispensers will be installed where possible.
  - (4) Place receptacles around the building for disposal of soiled items, including PPE.
- b) Regular cleaning and disinfection of the site will be conducted and more frequent cleaning and disinfection conducted for high risk areas used by many individuals, for frequently touched surfaces, and potentially

absorbent items (e.g. cloth workout bands, ropes). Cleaning and disinfection will be rigorous and ongoing and should occur at least after each practice or workout, daily at a minimum, or more frequently as needed.

- c) There will be cleaning and disinfection of exposed areas in the event an individual is confirmed to have COVID-19, with such cleaning and disinfection to include, at a minimum, all heavy transit areas and high-touch surfaces (e.g. elevators, lobbies, building entrances, badge scanners, restrooms, handrails, door handles, vending machines, communal coffee stations, club houses). Any areas (including shared building space) used by the person suspected or confirmed to have COVID-19 will be closed off for sanitation and disinfection.
2. **Face masks & PPE:** Team staff, student athletes, and venue personnel are only permitted entry into the venue if they wear an acceptable face covering at all times, except for student athletes when engaged in training, warming up, or competition and broadcast media personnel when it interferes with the core activity. ALL student athletes, coaches and staff must wear a mask while in the ATR. Surgical masks will be on hand and fabric masks may be supplied by the college but the student athletes are encouraged to bring their own. The Sports Medicine staff will wear a face mask, gloves and a face shield for close contact treatment.
  3. **Air Filtration System:** Due to the limited square footage of the ATR and the absence of windows or proper ventilation, a medical grade air filtration system will be needed. HEPA filtration systems with a H13-H14 classification are medical grade and would allow for better air filtration in a high-traffic medical facility such as the ATR.
    - a) The building's HVAC system filtration must meet the highest rated filtration compatible with the currently installed filter rack and air handling systems, at a minimum MERV-13, or industry equivalent or greater OR
    - b) For venues with central air handling systems that cannot handle MERV-13 or greater), a certified HVAC technician, professional, or company, ASHRAE-certified professional, certified retro-commissioning professional, or New York licensed professional building engineer will certify and document that the currently installed filter rack is incompatible MERV-13 or greater and/or the air handling system would be unable to perform to the minimum level of heating and cooling that it was otherwise able to provide prior to the COVID-19 public health emergency if MERV-13 or greater filters were installed. In such cases documentation must be retained for review by state or local health department officials to operate at a lesser filtration rating with additional ventilation and air filtration mitigation protocols.

- c) Venues that have a central air handling system which are unable to meet a filtration rating of MERV-13 or greater must adopt additional ventilation and/or air filtration mitigation protocols per CDC and ASHRAE recommendations.
  - d) For venues that do not have central air handling systems, the plan must adopt additional ventilation and air filtration mitigation protocols per CDC and ASHRAE recommendations
  - e) Before occupants return to a venue that has been entirely closed, Responsible Parties must complete pre-return checks, tasks, and assessments to ensure a healthy and safe environment. These systems include, but are not limited to, mechanical systems, water systems, elevators, and HVAC systems.
4. **Reconfiguration of Treatment Area:** The treatment tables will be moved so that there is at least 6ft of space between them allowing for safer social distancing. If necessary, a temporary taping table will be set up in the wet room area to allow for two student athletes to separate at least six feet while getting taped.
5. **Shared Athletic Equipment:**
- a) **Towels:** student athletes will not be supplied towels and must bring their own to practice and/or competition. Additionally, they must not share towels. Clothing, jerseys and any other cloth items will not be shared among student athletes, coaches or any other staff. If applicable, John Jay will comply with the State’s requirements around washing/laundrying of items. Per the ‘Interim Guidance for Professional Sports Training Facilities During the COVID-19 Public Health Emergency’: “Responsible Parties must ensure that items requiring laundrying be done at the warmest appropriate water setting, per CDC guidelines.”<sup>27</sup> Furthermore, per ‘NYS Interim Guidance for Professional Sports Competitions with Fans’: “Team staff or venue personnel who handle used or dirty towels, linens, and other items that go in the laundry must adhere to the following CDC precautions: do not shake dirty laundry, wear disposable gloves when handling laundry and hampers, use the warmest appropriate water setting in accordance with the manufacturer’s instructions for the items, clean and disinfect hampers after each use, and wash hands with soap and water or use a hand sanitizer with at least 60% alcohol after handling laundry and removing and disposing of gloves.”<sup>28</sup>
  - b) **Reusable Water Bottles:** Student athletes will be given only one reusable Gatorade bottle and it is their responsibility to put their name and jersey number on it in order not to lose it. They are prohibited from sharing bottles with other student athletes or anyone else. There will be

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<sup>27</sup> [ProfessionalSportsTrainingFacilitiesMandatoryGuidance.pdf \(ny.gov\)](#)

<sup>28</sup> [PROFESSIONAL\\_SPORTS\\_WITH\\_FANS\\_MASTER\\_GUIDANCE.pdf \(ny.gov\)](#)

no shared Gatorade bottles available throughout the year. Disposable cups will be made available however they will also not be shared and will be disposed of immediately after use.

- c) **Coolers and Ice Chests:** all 10-gallon coolers will be sanitized after each use and more will need to be purchased to ensure that there is adequate time for sanitation between team usages.
- d) **Rehabilitation Equipment:** all rehabilitation equipment used during treatment will be sanitized and disinfected between each student athlete. Student-athletes are required to wipe down any rehab equipment that they use immediately e.g. ankle weights & mini bands. In the case of student athletes who are eligible to do virtual treatment via Zoom, there will need to be some surplus of equipment ordered to loan out during virtual treatment. When the loaned equipment is returned it will be thoroughly sanitized before being loaned out again. Equipment and tools will be regularly cleaned and disinfected using registered disinfectants, at least as often as employees, players, and team staff change practice facilities or workstations, or move to a new set of equipment or tools.
- e) **Team Meals:** sharing food and beverages among employees, players, and team staff (e.g. self-serve meals and beverages) is prohibited. Everyone should attempt to bring lunch from home, and there will be adequate space reserved for employees to observe social distancing while eating meals.

**C. Scheduling Treatment:** All student athletes wanting to receive treatment and/or discuss an issue must make an appointment via an online scheduling site or email to stay in compliance with capacity limits. Student athletes will have a specific time block dependent on their treatment needs and cannot stay in the ATR or in the hallway outside of it for longer than their time block.

- 1. **Virtual Treatment:** In an effort to decrease in person overlap, student athletes (contingent upon severity of injury/issue) who are not currently on campus for practice, class, or other obligations may make an appointment for treatment over Zoom.

## II. Education Surrounding COVID-19

- A. Prior to interacting with student athletes and resuming responsibilities on campus, all coaches, and Athletics staff members will participate in meetings or other opportunities designed to educate them about the following topics and their responsibilities:
  - 1. Institutional/athletics department COVID-19 testing process/procedures.
  - 2. Prevention of community spread of COVID-19.
  - 3. Alignment of institution/department policies and government/agency guidelines and requirements.

- B. Student athletes will also be required to participate in a webinar that will go over COVID-19 procedures and proper adherence to new protocols.

### III. Competition Protocol

- A. **Per Diem Assistance:** if an all-conference schedule is announced, additional resources will be necessary to make sure we can obtain a per diem for conflicting competitions. Even if the schedule is not conference play only, a per diem will be needed at a more frequent rate to account for the additional logistical work.
- B. **Sideline Safety:** student-athletes must wear a face covering while on the sidelines and not actively engaged in play (unless recovering from previous play, preparing to substitute into the game, or assigned to a team unit preparing to enter or currently on the field of play).
- C. **Officials Testing:**
  - 1. Officials must complete Everbridge app upon entering campus and stop at the symptom check in station, regardless of indoor or outdoor competitions, to show the Game Day Supervisor the completed message on the app as well as a temperature scan
  - 2. Officials must be tested with negative results 48 hours prior to competition day.
- D. **Visiting Team:**
  - 1. The visiting team will be responsible for providing water bottles and towels for their team. Host Athletic Trainer will provide single use cups, water cooler and treatment ice.
  - 2. The visiting team's Athletic Trainer must request any assistance 48 hours prior to the team's arrival if the student athlete will need access to the ATR and/or taping.
  - 3. See part I. section 3 for more information

#### IV. Travel Protocol

##### A. Hydration Equipment:

1. Coolers, cups and ice chests will be brought in a van by the student athletes. The Athletic Trainer will mark which coolers have been sanitized and are ready for use and can be filled up. The student athletes must fill up their reusable water bottles at one of the water filtration stations located on the 2nd floor in Haaren Hall or by the 59th Street entrance and may not use the ATR to do this to limit the flow of student athletes in and out of the ATR.

##### B. Medical Equipment:

The red splint bag, the AED and a pair of crutches will be left out for the team to transport with them. They must sign out the AED and sign it back in when they return. The Athletic Trainer will take the medical kit to the van that they are travelling in and it will be transported with them.

1. In the case that the Athletic Trainer is not travelling with the team, it is the team's responsibility to keep track of their team specific medical kit, make sure it has been restocked and to bring it to and from the competition.

##### C. Taping and Pregame Treatment:

1. All student athletes requesting taping and/or pregame treatment must make an appointment with their Athletic Trainer to meet prior to getting in the van for an away game. CUNYAC Athletic Trainers will not be providing last minute taping or treatment to visiting teams unless notified 48 hours in advance to limit their exposure to outside student athletes. Students who are travelling directly to the game and will not be on campus to get taped will not be able to be taped at the opposing team's school.

##### D. Testing Protocols<sup>29</sup>

1. Testing costs and reliability are the major issues to consider when incorporating rigorous testing for returning student athlete training and competition. There are several types of tests. The athletes will be required to show a negative test, before returning to campus athletic facilities. The CUNYAC COVID-19 guidelines are designed to mimic those of the NCAA as set below. Current testing recommendations, as per the NCAA Sports Science Institute (SSI), indicate that PCR testing is the preferred method for ruling out the presence of COVID-19. The frequency of testing within the intercollegiate athletics realm is contingent on several factors that include the amount of sustained contact, whether the sport is indoors or outdoors and testing accessibility and cost. In keeping with NCAA SSI guidelines, the risk levels for all sports are listed below.
  - a) Low contact risk: diving, swimming, tennis, outdoor track and field, Cross country.
  - b) Intermediate contact risk: baseball, gymnastics/cheerleading and softball, indoor track and field, soccer.
  - c) High contact risk: basketball and volleyball

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<sup>29</sup> City University of New York Athletic Conference Return to Sport Plan

2. The NCAA recommends frequent follow up testing for student-athletes and all “inner bubble” personnel. The “inner bubble” includes student-athletes, coaches, ATC’s and essential team personnel.
  - a) Low Contact Risk Sports: surveillance PCR testing in conjunction with a university plan for all students. Symptomatic testing and high contact risk testing to be performed as needed.
  - b) Intermediate Contact Risk Sports: in season PCR testing once weekly of all student-athletes, plus “inner bubble” personnel whom physical distancing, masking and other protective features are not maintained. Symptomatic testing and high contact risk testing to be performed as needed.
  - c) High Contact Risk Sports: in-season PCR testing three times weekly (non-consecutive days) for all indoor sports, or once weekly for all outdoor sports of all student-athletes, plus “inner bubble” personnel whom physical distancing, masking and other protective features are not maintained. During out-of-season athletic activities, surveillance PCR testing should be performed as with Intermediate Contact Risk Sports. Symptomatic testing and high contact risk testing to be performed as needed.
3. COVID-19 testing:
  - a) Fully vaccinated\* student-athletes and Tier 1 individuals with no COVID-19 like symptoms may be exempted from routine testing.
  - b) If there is evidence of substantial or high transmission in the community, or if there are COVID-19 variants that escape the effect of the vaccine, then testing may need to resume. Such decisions will be made in conjunction with local public health authorities and/or federal guidance.
  - c) Non-vaccinated and Tier 1 participants will continue to undergo testing in accordance with our current testing policies.
  - d) Member schools should consult with their campus experts with regard to testing fully vaccinated dormitory residents after an exposure to someone with suspected or confirmed COVID-19.
  - e) Fully vaccinated student-athletes and Tier 1 individuals with no COVID-19 like symptoms do not need to quarantine, be restricted from work, or be tested after an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low. However, they should still monitor for symptoms of COVID-19 for 14 days after an exposure. If they experience symptoms, they should isolate themselves from others, be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated, and inform their primary athletics health care provider or physician of their vaccination status at the time of presentation to care.

- f) This guidance also applies to Tier 2 and Tier 3 individuals who may be subject to testing protocols at member schools and championships.
- g) While this policy is being adopted, should state or local authorities require testing of vaccinated individuals that will supersede this policy and vaccinated individuals will be required to be tested.

\*For the purposes of this guidance, people are considered fully vaccinated for COVID-19 two weeks or longer after they have received the second dose in a two-dose series (Pfizer-BioNTech or Moderna) or two weeks or longer after they have received a single-dose vaccine (Johnson & Johnson/Janssen). This guidance can also be applied to COVID-19 vaccines that have been authorized for emergency use by the World Health Organization (e.g.AstraZeneca/Oxford).

## **V. Conclusion**

The John Jay College Department of Athletics will continue to monitor the evolution of guidelines established by Federal, State, and Local governments, as well as, the NCAA, CUNYAC, and the John Jay College Reopening Committee. The implementation of the policies specified in the return to sport document will place our student-athletes, coaches, and staff members in a position to safely resume athletically related in-person activities during the fall 2021 semester.