We live by way of repetition: a breath, another breath; a day, another day. Each of us is a strange assortment of the habits we take on—in relation to our constructed environments of home, work, school—and then repeat, over and over again. In this course we will grapple with the habits that govern the complicated relationship between our self and our environment. We will examine modern practices of "time management" in relationship to classic and recent fiction around time-travel, and contrast the technologies that shape our daily routines—like cellphones—with Cyborg narratives. And we will look at how Cities continue to transform our sense of time and wakefulness in relationship to urban dream narratives such as Inception. What does it mean to be awake, or asleep? To construct or be constructed? What habits allow us to tell? And what can we do differently?

Professor Chris Moffett (Philosophy) and Blake Seidenshaw (Education)

Students taking this course can apply 3 credits towards any one of the following options:

- Scientific World (Gen Ed, Flexible Core)

For more information call (212) 237-8460; email ispinfo@jjay.cuny.edu; or stop by the ISP offices, 6.65 NB. For information about the Interdisciplinary Studies Program see: www.jjay.cuny.edu/departments/interdisciplinary_studies/about.php