Introduction

The 20th century is known for photoshopped images that are retouched to display the ideal body shape. A woman must have a thin waist and be very skinny, while a man must have muscles. The way men and women perceive their bodies have changed throughout time. Different people are drawn towards different things, whether it is the face, butt, breasts, abs, etc. Men and women will often follow their sexual instincts to approach someone to engage in some form of relationship. In other words, each gender prefers specific body parts based on their sexual preference. But what defines one's best body part? This research will show how men and women perceive certain individual body parts differently, and what men and women consider to be their best body part.

Methods

The data from a college survey involving 200 random men and women from ages 17 to 34 is presented and analyzed. The data focuses on what men and women find unique about themselves and emphasizes the relationships between men and women and what they find attractive.

Conclusions

Based on our data, the preferred body part for males from ages 17-34 is their private part, and the preferred body part for females from ages 17 to 34 is their butt. Therefore, we can say that men prefer body parts that are less visible, while women's preference goes to highly apparent physical features. Evolutionary theories suggest that female selection in mating led to the development of bodily structures in the male. This can explain why men emphasize their private part as their preferred body part. Other studies state that women prefer a man's arms and back, while men prefer women's breasts. However, based on our data and the information from other similar researches, there is no link between what women and men think about their own body and what they think of each other.

References

