Universal Design for Learning (UDL) Resources

What is Universal Design for Learning (UDL)?

* “Universal design for learning (UDL) is a framework to improve and optimize teaching and learning for all people based on scientific insights into how humans learn.” “About Universal Design for Learning,” CAST

* **Recommended Strategies**
  * Universal Design for Learning
  * The UDL Guidelines
  * Teaching Strategies that Employ the Universal Design for Learning
  * UDL-Aligned Strategies

* **Readings**
  * Connecting Universal Design for Learning with Culturally Responsive Teaching
  * Universal Design and Disability: Assessing Faculty Beliefs, Knowledge, and Confidence in Universal Design for Instruction
  * Engaging Learners in Online Environments Utilizing Universal Design for Learning Principles

* **Websites & Online Resources**
  * CAST
  * UDL Center
  * Universal Design: Think College
  * UDL in Higher Ed

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