
KEVIN LEO YABUT NADAL, PH.D.

Associate Professor of Psychology
Deputy Director, Forensic Mental Health Counseling Program
John Jay College of Criminal Justice
524 W. 59th Street, Room 10.65.19NB
New York, NY 10019
(212) 237-8795 (office)
knadal@gmail.com/ knadal@jjay.cuny.edu

EDUCATION

- 2002- 2008 Ph.D. Counseling Psychology (APA Accredited)
Teachers College, Columbia University- New York, NY
- Master of Philosophy in Counseling Psychology
Columbia University- New York, NY
- 2000-2002 Master of Arts in Counseling
Michigan State University- East Lansing, MI
- 1996-2000 Bachelor of Arts in Psychology and Political Science
University of CA, Irvine- Irvine, CA

TEACHING EXPERIENCE

Associate Professor John Jay College of Criminal Justice- City University of New York, Department of Psychology, New York, NY. January 2012- Present. Assistant Professor from August 2008- December 2011. (Tenured on 11/11/11). Deputy Director of the MA Forensic Mental Health Counseling Program. Faculty member in the CUNY Ph.D. program in Forensic Clinical Psychology. Instructs doctoral and Masters level courses in counseling and clinical psychology: Forensic Mental Health Counseling, Clinical Instruction, Group Dynamics and Treatment, Personality Development and Individual Differences, Multicultural Issues in Forensic Psychology.

Adjunct Professor, John Jay College of Criminal Justice- CUNY, Department of Psychology, New York, NY, June 2006- June 2008. Instructed three undergraduate courses: General Psychology, Abnormal Psychology, Drug Use & Abuse in Society.

Adjunct Professor, La Guardia Community College- CUNY, Department of Cooperative Education. Long Island City, NY, June 2004-August 2007. Instructed two undergraduate courses: Gateway to the Workplace, Fundamentals of Career Advancement.

Teaching Associate, Teachers College- Columbia University, Department of Counseling and Clinical Psychology. New York, NY, January 2003-May 2007. Assisted with three graduate-level experiential courses: Foundations of Counseling, Group Counseling, Racial/Cultural Counseling Laboratory.

Instructor, Michigan State University, Department of Humanities and Department of Supportive Services, East Lansing, MI, September 2000-May 2002. Instructed two undergraduate courses: Pilipino American Studies & Freshman Seminar.

SCHOLARLY PUBLICATIONS

Books

- Nadal, K. L. (2013). *That's So Gay! Microaggressions and the Lesbian, Gay, Bisexual, and Transgender Community*. Washington DC: American Psychological Association.
- Nadal, K. L. (2011). *Filipino American psychology: A Handbook of theory, research, and clinical practice*. New York: John Wiley & Sons, Inc.
- Lundberg-Love, P., Nadal, K. L., & Paludi, M. A. (Eds.) (2011). *Women and Mental Disorders*. Santa Barbara, CA: Praeger.
- Nadal, K. L. (2010) (Ed.). *Filipino American psychology: A Collection of personal narratives*. Bloomington, IN: Author House Publishing.
- Nadal, K. L. (2009). *Filipino American psychology: A Handbook of theory, research, and clinical practice*. Bloomington, IN: Author House Publishing.

Community Monographs

- Nadal, K. L. (Ed.) (2011). *The Physical Activity and Pilipino American Youth Assessment (PAPAYA) Project*. New York: PAPAYA Project.
- Abesamis-Mendoza, N., Kadag, C., Nadal, K., Ursua, R., Gavin, N. P., & Divino, L. A. (2007). *Community health needs & resource assessment: An exploratory study of Filipino Americans in the New York metropolitan area*. New York: New York University School of Medicine Institute of Community Health and Research.

Refereed Journal Articles

- Nadal, K. L. Sriken, J., Davidoff, K., Wong, Y., & McLean, K. (2013). Microaggressions within families: Experiences of multiracial and multiethnic people. *Family Relations*, 62, 190-201.
- Nadal, K. L., & Corpus, M. J. H. (2012). "Tomboys" and "baklas": Experiences of lesbian and gay Filipino Americans. *Asian American Journal of Psychology*, 1-14.
- Nadal, K. L., Griffin, K. E., Hamit, S., Leon, J., Tobio, M., & Rivera, D. P. (2012). Subtle and Overt Forms of Islamophobia: Microaggressions toward Muslim Americans. *Journal of Muslim Mental Health*, 6(2), 16-37.
- Nadal, K. L., Escobar, K. M., Prado, G., David, E. J. R. & Haynes, K. (2012). Racial microaggressions and the Filipino American Experience: Recommendations for counseling and development. *Journal of Multicultural Counseling and Development*, 40, 156-173.
- Nadal, K. L., Skolnik, A., & Wong, Y. (2012). Interpersonal and systemic microaggressions: Psychological impacts on transgender individuals and communities. *Journal of LGBT Issues in Counseling*, 6(1), 55-82.

- Nadal, K. L. (2011). The Racial and Ethnic Microaggressions Scale (REMS): Construction, reliability, and validity. *Journal of Counseling Psychology, 58*(4), 470–480.
- Nadal, K. L., Issa, M., Leon, J., Meterko, V., Wideman, M., & Wong, Y. (2011). Sexual orientation microaggressions: “Death by a thousand cuts” for lesbian, gay, and bisexual youth. *Journal of LGBT Youth, 8*(3), 1-26.
- Nadal, K. L., Wong, Y., Griffin, K., Sriken, J., Vargas, V., Wideman, M., & Kolawole, A. (2011). Microaggressions and the Multiracial experience. *International Journal of Humanities and Social Sciences, 1*(7), 36-44.
- Nadal, K. L., Wong, Y., Issa, M., Meterko, V., Leon, J., & Wideman, M. (2011). Sexual orientation microaggressions: Processes and coping mechanisms for lesbian, gay, and bisexual individuals. *Journal of LGBT Issues in Counseling, 5*(1), 21-46.
- Nadal, K. L., Pituc, S. T., Johnston, M. P., Esparrago, T. (2010). Overcoming the Model Minority Myth: Experiences of Filipino American graduate students. *Journal of College Student Development, 51*(6), 1-13.
- Nadal, K. L. (2008). Preventing racial, ethnic, gender, sexual minority, disability, and religious microaggressions: Recommendations for promoting positive mental health. *Prevention in Counseling Psychology: Theory, Research, Practice and Training, 2*(1), 22-27.
- Nadal, K. L. (2008). A Culturally competent classroom for Filipino Americans. *Multicultural Perspectives, 10*(3), 1-6.
- Sue, D. W., Capodilupo, C. M., Nadal, K. L., & Torino, G. C. (2008). Racial microaggressions and the power to define reality. *The American Psychologist, 63*(4), 277-279.
- Sue, D. W., Nadal, K. L., Capodilupo, C. M., Lin, A. I., Rivera, D. P., & Torino, G. C. (2008). Racial Microaggressions against Black Americans: Implications for counseling. *Journal of Counseling and Development, 86*(3), 330-338.
- Sue, D. W., Capodilupo, C. M., Torino, G. C., Bucceri, J. M., Holder, A. M., Nadal, K. L., & Esquilin, M. E. (2007). Racial microaggressions in everyday life: Implications for counseling. *The American Psychologist, 62*(4), 271-286.
- Sue, D. W., Bucceri, J. M., Lin, A. I., Nadal, K. L., & Torino, G. C. (2007). Racial microaggressions and the Asian American experience. *Cultural Diversity and Ethnic Minority Psychology, 13*(1), 72-81.
- Nadal, K. L. (2004). Pilipino American identity model. *Journal of Multicultural Counseling and Development, 32*(1), 44-61.
- Nadal, K. L. (2000). F/Pilipino American Substance Abuse: Sociocultural Factors and Methods of Treatment. *Journal of Alcohol and Drug Education, 46*(2), 26-36.

Refereed Journal Articles (In Press)

- Nadal, K. L., Wong, Y., Griffin, K. E., Davidoff, K., & Striken, J. (in press). The Adverse impact of racial microaggressions on college students' self-esteem. *Journal of College Student Development*.
- Nadal, K. L., Griffin, K. E., Wong, Y., Hamit, S., & Rasmus, M. (in press). Racial microaggressions and mental health: Counseling clients of color. *Journal of Counseling and Development*.
- David, E. J., & Nadal, K. L. (in press). The Colonial Context of Filipino American Immigrants' Psychological Experiences. *Cultural Diversity and Ethnic Minority Psychology*.

Newsletter Articles

- Nadal, K. L., & Rivera, D. P. (2012). Stigma and its Role in HIV Prevention and Care of Gay and Bisexual Men: Recommendations for Clinical and Counseling Practices. *Psychology and AIDS Exchange*, 37, 20-22.
- Nadal, K. L. (2012). Trayon, Troy, and Sean: When Racial biases and microaggressions kill. *Communique*, 1, 4-7.

Book Chapters & Encyclopedia Articles

- Nadal, K. L. (2013). Afterword: Promoting Pilipino Indigenouness in a Postcolonial World. In E. J. R. David (Author). *Brown Skin, White Minds: A Revised Version of Filipino/American Postcolonial Psychology*. Charlotte, NC: Information Age.
- Nadal, K. L. (2012). Mahal: Expressing Love in Filipino and Filipino American Families. In M. A. Paludi (Ed). *The Psychology of Love. Volume 3: Meaning and Culture* (23-26). \ Santa Barbara, CA: Praeger.
- Nadal, K. L., & Griffin, K. E. (2012). The Psychology of hate: How Heterosexist Biases and Subtle Discrimination Influence the Bullying and Victimization of Lesbian, Gay, Bisexual, and Transgender Youth. In M. A. Paludi (Ed.) *The Psychology of Love, Volume 4: Research and Literature* (pp.131-148). Santa Barbara, CA: Praeger.
- Rivera, D. P., Nadal, K. L., Fisher, L. D., & Skolnik, A. A. (2012). Sexual Orientation & Gender Identity Microaggressions in the Workplace. In M. A. Paludi (Ed). *Managing Diversity in Today's Workplace: Strategies for Employees and Employers, Volume 1: Gender, Race, Sexual Orientation, Ethnicity, and Power* (pp. 71-95). Santa Barbara, CA: Praeger.
- Nadal, K. L., Vargas, V., Meterko, V., Hamit, S., & Mclean, K. (2012). Transgender female sex workers: Personal perspectives, gender identity development, and psychological processes. In M. A. Paludi (Ed). *Managing Diversity in Today's Workplace: Strategies for Employees and Employers, Volume 1: Gender, Race, Sexual Orientation, Ethnicity, and Power* (pp. 123-153). Santa Barbara, CA: Praeger.

- Nadal, K. L., Griffin, K., & Wong, Y. (2011). Gender, racial, and sexual orientation microaggressions in the workplace: Impacts on women leaders. In M. A. Paludi & B. Coates (Eds.). *Women as Transformational Leaders: From Grassroots to Global Interests, Volume 1: Cultural and Organizational Stereotypes, Prejudice, and Discrimination* (pp. 1-26). Santa Barbara, CA: Praeger.
- Nadal, K. L., Meterko, V., Vargas, V., & Wideman, M. (2011). Empowering Women Leaders to Rise above Microaggressions: Recommendations for Workplaces, Families, and Everyday Life. In M. A. Paludi & B. E. Coates (Ed.). *Women as Transformational Leaders: From Grassroots to Global Interests, Volume 2: Organizational Obstacles and Solutions* (pp. 207-232). Santa Barbara, CA: Praeger.
- Nadal, K. L., & Griffin, K. E. (2011). Microaggressions: A Root of Bullying, Violence, and Victimization toward Lesbian, Gay, Bisexual, and Transgender Youth". In M. A. Paludi (Ed). *The Psychology of Teen Violence and Victimization* (pp. 3-23). Santa Barbara, CA: Praeger.
- Nadal, K. L. (2011). A Feminist Identity Development Model for Filipina Americans: The Influences of Discrimination on Psychological Well-Being and Self-Esteem. In P. Lundberg-Love, K. L. Nadal, & M. A. Paludi (Eds.) *Women and Mental Disorders* (pp. 163-172). Santa Barbara, CA: Praeger.
- Ramos, J., & Nadal, K. L. (2011). Women Diagnosed with HIV/AIDS: Experiences of Abuse, Victimization, and Discrimination. In P. Lundberg-Love, K. L. Nadal, & M. Paludi (Eds.). *Women and Mental Disorders* (pp. 43-52). Santa Barbara, CA: Praeger.
- Nadal, K. L., & Haynes, K. (2011). The Effects of Sexism, Gender Microaggressions, and Other Forms of Discrimination on Women's Mental Health and Development. In P. Lundberg-Love, K. L. Nadal, & M. A. Paludi (Eds.) *Women and Mental Disorders* (pp. 87-102). Santa Barbara, CA: Praeger.
- Nadal, K. L., Griffin, K., Vargas, V., Issa, M., Lyons, O., & Tobio, M. (2011). Processes and Struggles with Racial Microaggressions from the White American Perspective: Recommendations for Workplace Settings. In M. Paludi, E. DeSouza & C. Paludi, Jr. (Eds.). *The Praeger Handbook on understanding and preventing workplace discrimination: Legal, management, and social science perspectives* (pp. 155-180). Santa Barbara, CA: Praeger.
- Nadal, K. L. (2011). Responding to racial, gender, and sexual orientation microaggressions in the workplace. In M. Paludi, E. DeSouza & C. Paludi, Jr. (Eds.). *The Praeger Handbook on understanding and preventing workplace discrimination: Legal, management, and social science perspectives* (pp. 23-32). Santa Barbara, CA: Praeger.
- Nadal, K. L. (2011). Afterword: Revaluing indigenoussness in a postcolonial world. In E. J. R. David (Author). *Filipino/a- Postcolonial Psychology*. Bloomington, IN: Author House.

- Nadal, K. L., & Monzones, J. (2010). Filipino Americans and Neuropsychology. In D. Fujii, (Ed.), *The Neuropsychology of Asian Americans* (pp. 47-70). Boca Raton, FL: Taylor and Francis.
- Nadal, K. L., Hamit, S., & Issa, M. A. (2010). Overcoming gender and sexual orientation microaggressions. In M. Paludi & F. Denmark (Eds.), *Victims of Sexual Assault and Abuse: Resources and Responses for Individuals and Families* (pp. 21-43). Santa Barbara, CA: Praeger.
- Nadal, K. L., Rivera, D. P., & Corpus, M. J. H. (2010) Sexual orientation and transgender microaggressions in everyday life: Experiences of lesbians, gays, bisexuals, and transgender individuals. In D. W. Sue (Ed.), *Microaggressions and Marginality: Manifestation, Dynamics, and Impact* (pp. 217-240). New York: Wiley.
- Nadal, K. L. (2010). Gender microaggressions and women: Implications for mental health. In M. A. Paludi (Ed.), *Feminism and Women's Rights Worldwide, Volume 2: Mental and Physical Health* (pp. 155-175). Santa Barbara, CA: Praeger Publishers.
- Nadal, K. L., Issa, M-A., Griffin, K., Hamit, S., & Lyons, O. (2010). Religious microaggressions in the United States: Mental health implications for religious minority groups. In D. W. Sue (Ed.), *Microaggressions and Marginality: Manifestation, Dynamics, and Impact* (pp. 287-310). New York: Wiley.
- Johnston, M. P. & Nadal, K. L. (2010). Multiracial microaggressions: Exposing monoracism in everyday life and clinical practice. In D. W. Sue (Ed.), *Microaggressions and Marginality: Manifestation, Dynamics, and Impact* (pp. 123-144). New York: Wiley.
- Capodilupo, C. M., Nadal, K. L., Corman, L., Hamit, S., Lyons, O., & Weinberg, A. (2010). The Manifestation of Gender Microaggressions. In D. W. Sue (Ed.), *Microaggressions and Marginality: Manifestation, Dynamics, and Impact* (pp. 193-216). New York: Wiley.
- Nadal, K. L. (2010). Gender roles. In S. Goldstein & J. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development* (pp. 687-690). New York: Springer.
- Nadal, K. L. (2010). Sexual identity. In S. Goldstein & J. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development* (pp. 1344-1345). New York: Springer.
- Nadal, K. L. (2010). Sexual orientation and identity development for gay and bisexual Asian American men: Implications for culturally competent counseling. In W. Liu, D. Iwamoto, & M. Chae, (Eds.), *Culturally responsive counseling with Asian American men* (pp. 113-134). New York: Routledge Press.
- Issa, M. A. & Nadal, K. L. (2010). Imaginary audience. In S. Goldstein & J. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development* (pp. 790-792). New York: Springer.
- Issa, M. A. & Nadal, K. L. (2010), Homoscedasticity. In S. Goldstein & J. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development* (p. 752). New York: Springer.

- Nadal, K. L., & Sue, D. W. (2009). Asian American Youth. In C. S. Clauss-Ehlers (Ed.), *Encyclopedia of Cross-cultural School Psychology* (pp.116-122). New York: Springer.
- Nadal, K. L. (2008). Colonialism: Societal and psychological impacts on Asian Americans and Pacific Islanders. In N. Tewari & A. N. Alvarez (Eds.), *Asian American psychology: Current perspectives*, (pp. 153-172). New York: Psychology Press.
- Nadal, K. L. (2008). Filial piety. In F. T. L. Leong (Ed.), *Encyclopedia of Counseling, Volume 3: Cross-Cultural Counseling* (pp. 1151). Thousand Oaks, CA: Sage.
- Nadal, K. L., & Rivera, D. P. (2008). Ethnic minority. In F. T. L. Leong (Ed.), *Encyclopedia of Counseling, Volume 3: Cross-Cultural Counseling* (pp. 1139-1141). Thousand Oaks, CA: Sage.

Book Chapters & Encyclopedia Articles (In Press)

- Nadal, K. L. (in press). Counseling Filipino American College Students: Promoting Identity Development, Optimal Mental Health, and Academic Success. In R. Bonus & D. C. Maramba (Eds.). *The "Other" Students: Filipino Americans, Education and Power*. Charlotte, NC: Information Age Publishing.
- Maramba, D. C., & Nadal, K. L. (in press). Exploring the Filipino American Faculty Pipeline: Implications for Higher Education and Filipino American Students. In R. Bonus & D. C. Maramba (Eds.). *The "Other" Students: Filipino Americans, Education and Power*. Charlotte, NC: Information Age Publishing.
- Nadal, K. L., Hamit, S., Lyons, O., Weinberg, A., & Corman, L., (in press). Gender microaggressions: Perceptions, processes, and coping mechanisms of women. In M. A. Paludi (Ed). *The Psychology of Business Success*. Santa Barbara, CA: Praeger.
- Nadal, K. L. (in press). Afterword: Promoting Pilipino indigenouness in a postcolonial world. In E. J. R. David (Author). *Brown Skin, White Minds: A Revised Version of Filipino -/ American Postcolonial Psychology*. Charlotte, NC: Information Age Publishing
- Davis, L. S., & Nadal, K. L. (in press). *Homophobia*. In T. Teo (Ed). *Encyclopedia of Critical Psychology*. New York: Springer.
- Davis, L. S., & Nadal, K. L. (in press). *Psychopathy*. In T. Teo (Ed). *Encyclopedia of Critical Psychology*. New York: Springer.

Manuscripts under review

- Nadal, K. L., Davidoff, K., Davis, L., Wong, Y., Marshall, D., & McKenzie, V. (under review). Intersectional identities and microaggressions: Influences of race, ethnicity, gender, sexuality, and religion.
- Nadal, K. L, Griffin, K. E., Wong, Y., Davidoff, K., & Davis, L. (under review). The Impact of racial microaggressions on physical health and functioning.

Nadal, K. L., Wong, Y., Striken, J., Griffin, K. E., & Fujii-Doe (under review). Racial microaggressions and the Asian American experience: Implications for mental health.

Nadal, K. L., Mazzula, S. L., Rivera, D. P., & Fuji-Doe, W. (under review). Racial microaggressions and Latinos: An exploration of ethnic and gender differences.

Journal articles in progress

Nadal, K. L., Wong, Y., Griffin, K. E., Davidoff, K., & Meterko, V. (in progress). The influence of sexual orientation microaggressions on self-esteem.

Nadal, K. L., Haynes, K., & Natividad, R. (in progress). The PAPAYA Project: A National Survey on Physical Activity and Pilipino American Youth.

Nadal, K. L., Prado, G. T., & Flores, B. (in progress). Cultural influences on physical activity and healthy living: Voices of Filipino American Youth.

Nadal, K. L. (in progress). Self-designation of racial and ethnic identifiers: A Study of Filipino American college students.

SAMPLE OF KEYNOTE SPEECHES AND INVITED LECTURES

Nadal, K. L. (2013, January). Microaggressions in everyday life: Promoting effective communication and working relationships. Invited lecture at Brooks Preparatory School. North Andova, MA.

Nadal, K. L. (2012, October). Cultural Competency in working with Filipino Americans and other students of color. Invited lecture at University of Hawai'i at Hilo. Hilo, HI.

Nadal, K. L. (2012, April). Microaggressions in Everyday Life and Clinical Settings. Invited grand rounds lecture at Bronx Lebanon Medical Center. Bronx, NY.

Nadal, K. L. (2012, February). Microaggressions in Everyday Life and Clinical Settings. Invited grand rounds lecture at Cornell University Medical Center. New York, NY and White Plains, NY.

Nadal, K. L. (2011, October). "That's So Gay": Microaggressions and Institutionalized Heterosexism and Homophobia on College Campuses. Invited lecture at Columbia University. New York, NY.

Nadal, K. L. (2011, April). Microaggressions and Everyday Life. Invited lecture at San Diego State University. San Diego, CA.

Nadal, K. L. (2011, April). "That's So Gay": The Impact of Microaggressions, Bullying, and Heterosexism on LGBT Communities. Invited lecture at University of California, Santa Barbara. Santa Barbara, CA.

- Nadal, K. L. (2009, June- 2010, December). Filipino American Psychology. National book tour/ lecture series presented at 60 different venues across the continental US, including New York, Washington DC, Los Angeles, San Diego, San Francisco, Seattle, Portland, Chicago, Boston, Virginia, Alaska, and Florida, as well as in Toronto and London.
- Nadal, K. L. (2010, October). The Changing Face of Race in the United States: A Review of Microaggressions. Invited lecture presented at Diversity Challenge 2010 at Boston College. Boston, MA.
- Nadal, K. L. (2010, October). Did that really happen? Microaggressions in everyday life. Keynote lecture presented at Teachers College- Columbia University. Sponsored by the Office of Diversity and Community Affairs. New York, NY.
- Nadal, K. L. (2010, August). Microaggressions and Women Leaders. Invited lecture presented at Women, Management, and Leadership Conference at Union Graduate College Schenectady, NY
- Nadal, K. L., (2010, August). The Impacts of Proposition 8 and Other Discriminatory Laws on LGBT Mental Health. Invited lecture presented at American Psychological Association. San Diego, CA.
- Nadal, K. L. (2010, April). The Changing Face of Diversity and Democracy and Implications on Higher Education . Invited keynote speech presented at Diversity and Democracy Conference. University of Illinois- Urbana Champagne.
- Nadal, K. L. (2009, November). Microaggressions in the workplace and everyday life. Invited guest lecture presented at Teachers College- Columbia University. Sponsored by the Office of Diversity and Community Affairs. New York, NY.
- Nadal, K. L. (2009, November). Asian Americans and Suicide. Invited guest lecture presented at Pace University. Symposium sponsored by Office of Multicultural Affairs.
- Nadal, K. L. (2009, May). The Changing face of racism: Racial microaggressions in everyday life. Panel presentation at John Jay College of Criminal Justice Forensic Psychology Program. New York, NY.
- Nadal, K. L. (2009, April). Preventing Racial and Cultural Microaggressions in Everyday Life. Guest lecture presented at Race, Privilege and Education: Workshops for Critical Reflection. Teachers College, Columbia University. New York, NY.
- Nadal, K. L., Leon, J., Wideman, M. N., & Wong, Y. (2009, April). Sexual Orientation Microaggressions: Experiences of Lesbians, Gays, and Bisexuals. Guest lecture presented at Queer TC: A Series of Lecture on LGBTQ Research Initiatives at Teachers College, Columbia University. New York, NY.
- Nadal, K. L. (2009, April). Growing up Gayasian: Mental health experiences of lesbian, gay, bisexual, and transgender Asian Americans. Guest lecture presented at Asian Pacific Islander Coalition on HIV/AIDS, New York, NY.

- Nadal, K. L. (2009, April). Promoting multicultural counseling competence: Preventing racial and cultural microaggressions in psychotherapy. Guest lecture presented at Yeshiva University. Ferkauf Graduate School of Psychology. Bronx, NY.
- Nadal, K. L. (2009, March). Promoting Multicultural Counseling Competence: Preventing Racial & Cultural Microaggressions in Psychotherapy. Guest lecture presented at Kirby Psychiatric Center. New York, NY.
- Nadal, K. L. (2008, October). Experiences of gay and lesbian Asian Americans. Guest lecture presented at “When the Rainbow Isn’t Enough” Symposium on LGBTQ people of color. Pace University. New York, NY.
- Nadal, K. L. (2008, October). Interviewing through a cultural lens. Guest lecture presented at The Legal Aid Society of New York. New York, NY.
- Nadal, K. L. (2008, April). Finding your voice: Filipino American college students and community activism. Keynote lecture presented at University of Buffalo. Buffalo, NY.
- Nadal, K. L. (2008, February). Working with individuals with multiple oppressed identities: An exploration of gay/lesbian Asian Americans and other persons of color. Guest lecture presented at Yeshiva University, Ferkauf Graduate School of Psychology. Bronx, NY.
- Nadal, K. L. (2008, February). Mental Health and Psychosocial Adjustment: Cultural Adaptation, Racial & Ethnic Identity and Self Development of Asian and Asian Americans. Guest lecture presented at NYU School of Social Work. New York, NY.
- Nadal, K. L. (2007, March). Intersections of gay and lesbian Filipino American identity. Guest lecture presented at Queer Pilipino Conference. University of CA- Davis- Davis, CA
- Nadal, K. L. (2004, September). Cultural competence for peer diversity facilitators. Guest lecture presented at Office of Multicultural Affairs, Columbia University. New York, NY.
- Nadal, K. L. (2004, June). Analysis of Census Data of Filipino Americans in New York and New Jersey. Keynote lecture and panel presented at Philippine Consulate. New York, NY.
- Nadal, K. L. (2004, April). Becoming Asian American community leaders and student activists. Keynote address at Institute for the Development and Education of Asian American Leaders. Texas A&M University. College Station, TX.
- Nadal, K. L. (2003, August). Filipino American community activism. Keynote address at National Federation of Filipino American Associations Conference. Houston, TX.

SAMPLE OF CONFERENCE PRESENTATIONS

- Nadal, K. L. (2012, August). Somewhere over the rainbow: Experiences of Lesbian, Gay, Bisexual, and Transgender Immigrants. Paper presented at the American Psychological Association Annual Convention. Orlando, FL.

- Nadal, K. L. (Chair), Griffin, K. E., Rivera, D.P., Wong, Y., & Davidoff, K. (2012, August). Racial Microaggressions: A Review of Quantitative Literature. Symposium presented at American Psychological Association Annual Convention. Orlando, Florida.
- Nadal, K. L. (Chair), Davidoff, K., Forbes, A., Johnson, A., & Quintanilla, A. (2012, August). Lesbian, Gay, Bisexual, and Transgender Issues in the Criminal Justice System. Symposium presented at American Psychological Association Annual Convention. Orlando, Florida.
- Nadal, K. L. (2012, August). Racial microaggressions and the Filipino American experience. Paper presented at the Asian American Psychological Association. Orlando, Florida.
- Nadal, K. L. (Chair), Griffin, K. E., Rivera, D.P., Wong, Y., & Davidoff, K. (2012, February). Racial Microaggressions: A Review of Quantitative Literature. Symposium presented at the Teachers College Roundtable. New York.
- Nadal, K. L. (2011, August). The effects of microaggressions on lesbian, gay, bisexual and transgender people. Paper presented at the American Psychological Association Annual Convention. Washington DC.
- Nadal, K. L. (Chair), David, K., Griffin, K. E., Hamit, S., Lewis, J., Skolnik, A. A., Wong, Y. (2011, August). Microaggressions: The Current State of Research and Considerations for Practice. Symposium presented at the American Psychological Association Annual Convention. Washington DC.
- Nadal, K. L. (2011, August). The Physical Activity and Pilipino American Youth Assessment Project. Paper presented at the Asian American Psychological Association Convention. Washington DC.
- Nadal, K. L. (Chair), Rivera, D. P., Skolnik, A. A., & Watkins, N. L. (2011, January). Microaggressions and the intersections of identities. Symposium presented at the National Multicultural Summit & Conference. Seattle, Washington.
- Nadal, K. L., Griffin, K. E., Wong, Y. L., Hamit, S., & Leon, J. (2010, October). Multiracial Microaggressions: Impacts on Mental Health. Paper presented at the Diversity Challenge 2010. Boston, MA.
- Nadal, K. L., Ursua, R., & Nadal, L. P. (2010, July). Healthy Pinoys 2010: A Review of Filipino American Health Disparities. Paper presented at the Filipino American National Historical Society. Seattle, WA.
- Halagao, P. E. & Nadal, K. L. (2010, May). "I am Spanish, Chinese, Filipina/o": The Influence of Filipina/o American Ethnic Identity and Colonialism on School Achievement. Paper presented at the American Educational Research Association. Denver, CO.

- Johnston, M. P. & Nadal, K. L. (2010, May). *Multiracial Microaggressions: Exposing Monoracism in Higher Education (and Everyday Life)*. Paper presented at the American Educational Research Association. Denver, CO.
- Nadal, K. L., Griffin, K., Hamit, S., & Wong, Y. (2010, February). *Processes and Struggles with Racial Microaggressions: White American Perspectives*. Paper presented at Teachers College Winter Roundtable. New York, NY.
- Nadal, K. L., Griffin, K., Hamit, S., & Wong, Y. (2010, February). *Mental Health Impacts of Sexual Orientation Microaggressions*. Paper presented at Teachers College Winter Roundtable. New York, NY.
- Nadal, K. L. (2010, February). *Physical Activity and Pilipino American Youth Assessment (PAPAYA) Project*. Poster presented at the Active Living Research Conference. San Diego, CA.
- Nadal, K. L., Rivera, D. P., Corpus, M. J. H., & Fisher, L. (2009, November). *Microaggressions and the Lesbian, Gay, Bisexual, and Transgender Community: Advocating for Social Justice on Individual, Institutional, and Societal Levels*. Symposium presented at Anti-Heterosexism Conference. West Palm Beach, FL.
- Nadal, K. L., Griffin, K., & Vargas, V. (2009, October). *Processes and struggles with racial microaggressions: Experiences of White Americans*. Paper presented at Diversity Challenge. Boston, MA.
- Nadal, K. L., Issa, M., Leon, J., Meterko, V., Wideman, M., Wong, Y. (2009, August). *Mental health implications of sexual minority microaggressions*. Paper presented at American Psychological Association- Toronto, Canada.
- Nadal, K. L., & Rivera, D. P. (2009, August). *Microaggressions and the Asian American Community: Recommendations for theory, research, and practice*. Interactive session presented at Asian American Psychological Association. Boston, MA.
- Nadal, K. L. (2009, August). *Sexual orientation microaggressions*. Paper presented at American Psychological Association. Toronto, Canada.
- Nadal, K. L., Griffin, K., Vargas, V., Leon, J. & Wideman, M. (2009, May). *Processes and struggles with racial microaggressions: Experiences from the White American perspective*. Paper presented at National Conference of Race and Ethnicity. San Diego.
- Nadal, K. L. (2008, August). *Racial microaggressions and critical race theory*. Paper presented at American Psychological Association. Boston, MA.
- Nadal, K. L. (2008, August). *Intersections of multiple oppressed identities: A qualitative exploration of lesbian and gay Filipino Americans*. Poster presented at American Psychological Association. Boston, MA.

- Nadal, K. L., Corpus, M.J., & Rivera, D. P. (2008, August). Intersecting oppressed identities of LGBTQ Asian Americans: Implications for mental health. Interactive session presented at Asian American Psychological Association. Boston, MA.
- Nadal, K. L., Corpus, M.J., & Rivera, D. P. (2008, February). Intersections of multiple oppressed identities: A qualitative exploration of lesbian and gay Filipino Americans. Paper presented at Teachers College Winter Roundtable on Cultural Psychology and Education, New York, NY.
- Nadal, K. L., Pituc, S.T., & Johnston, M.P. (2007, August). Hearing their voices, meeting their needs: Experiences of Filipino Americans in graduate education. Symposium presented at Asian American Psychological Association National Conference. San Francisco, CA.
- Nadal, K. L., Johnston, M.P., Pituc, S.T., Esparrago, T. (2007, April). Supporting marginalized populations in higher education: Experiences of Filipino American graduate students. Workshop presented at Association of Asian American Studies National Conference. New York, NY.
- Nadal, K. L. (2007, March). Growing up Gaysian: Racial, ethnic, and sexual orientation identity development for LGBTQ Asian Americans. Lecture presented at Symposium on Gay, Lesbian, Bisexual, Transgender, Intersex, Queer & Questioning Issues. Kingston, RI.
- Nadal, K. L. (2006, June). Psychological effects of colonial mentality on Filipino Americans. Symposium presented at Filipino American National Historical Society (FANHS) Bi-annual Conference, Honolulu, HI.
- Nadal, K. L. & Johnston, M.J. (2004, May). Making our voices heard: Marginalized identities in the Asian Pacific Islander community. Symposium presented at National Conference of Race and Ethnicity in Higher Education, Miami, FL.
- Nadal, K. L. (2003, May). A Forgotten Minority: Experiences of Pilipino Americans in higher education. Symposium presented at National Conference on Race and Ethnicity in Higher Education, San Francisco, CA.
- Nadal, K. L. (2002, May). Pilipino American Retention in Higher Education. Symposium presented at National Conference on Race and Ethnicity in Higher Education, New Orleans, LA.
- Nadal, K. L. (2001, November). The Effects of White Privilege on students of color. Symposium presented at National Association of Multicultural Education Annual Conference. Las Vegas, NV.
- Nadal, K. L. (2001, August). Pilipino American Identity Model. Symposium presented at Asian American Psychological Association Annual Conference. San Francisco, CA.
- Nadal, K. L. (2000, November). The Multicultural university: Stress factors of ethnic minority students. Poster presented at National Minority Research Symposium. Washington, D.C.

RESEARCH EXPERIENCE

- Principal Investigator, John Jay College of Criminal Justice- City University of New York. September 2008-present. Leads a research team of 14 graduate and undergraduate students centered on racial, ethnic, gender, and sexual orientation issues in forensic psychology.
- Principal Investigator. Filipino American Research Team. September 2006- present. Leads a research team of 4-8 community members centered on Filipino American mental health issues.
- Principal Investigator. Physical Activity and Pilipino American Youth Assessment (PAPAYA) Project. February 2010- September 2011. Led a research team of 10 graduate and undergraduate students investigating physical and mental health experiences of Filipino American youth. Coordinated a national board of community stakeholders.
- Research team co-leader and member, Teachers College- Columbia University. September 2002- May 2007. Coordinated meetings and research activities for graduate research team centered on multicultural issues in psychology. Supervised by Derald Wing Sue, Ph.D.
- Research consultant, NYU Center for the Study of Asian American Health. September 2004- June 2005. Coordinated a community needs assessment for Filipino Americans in New York and New Jersey. Supervised a team of 5 professionals and graduate students on qualitative methodologies.
- Research consultant, Filipino American Human Services, Inc. June 2003- February 2004. Conducted research for a non-profit human services organization, with a focus on Filipino American youth and mental health; responsible for data analysis and reporting.
- Principal Investigator, Society for the Psychological Study of Social Issues (SPSSI), Applied Social Issues Internship Program. September 2001-December 2002. Conducted independent quantitative research projects with a focus on Filipino American identity
- Research Assistant, University of CA, Irvine Ronald E. McNair Research Fellowship. September 1999- June 2000. Conducted qualitative research with a focus on racial/ethnic minority students on a multicultural college campus. Supervised by Jeanett Castellanos, Ph.D.
- Research Assistant, University of CA, Irvine Undergraduate Research Opportunity Program (UROP). September 1999- June 2000. Conducted qualitative research on racial/ethnic minority students on a multicultural college campus. Supervised by Jeanett Castellanos, Ph.D.

CLINICAL EXPERIENCE

Psychology Intern, Pace University Counseling Center (APA Accredited). September 2007- August 2008. Provided long-term and short-term individual and group psychotherapy to a diverse client load of college students. Supervised counselor trainees, conducted screenings and crisis interventions, and participated in outreach activities.

Mental Health Counselor. Lesbian, Gay, Bisexual, and Transgender Center. May 2008- August 2008. Provided short-term psychotherapy to LGBTQ identified clients. Co-facilitated a short-term substance abuse relapse prevention group.

Test Examiner, Hawthorne Assessment, Inc., October 2006-March 2007. Administered a new psychological inventory (Wechsler Educational Academic Skills Inventory) to children and adults.

Counselor/ Psychological Extern, Fordham University Counseling Center, August 2005- May 2006. Provided long-term and short-term individual psychotherapy to a college student population. Presented and attended case conferences and seminars. Conducted psychological intakes, handled crisis interventions, and participated in outreach activities.

Adjunct Faculty Advisor, La Guardia Community College- City University of New York, Long Island City, NY, June 2004-August 2007. Provided internship placement and career counseling for undergraduate students.

Counselor, Center for Educational and Psychological Services, January 2003- June 2005. Provided long-term individual psychotherapy to a diverse client load. Presented and attended case conferences and seminars.

Psychological Assessment Extern, Manhattan Psychiatric Center, January 2004- June 2004. Administered psychological assessments (intellectual, projective, and personality tests) to an inpatient psychiatric ward of incarcerated offenders.

Program Coordinator, Intercultural Resource Center, Columbia University, New York, NY. August 2002- September 2004. Supervised and trained a twenty-person staff of student peer diversity facilitators, coordinated diversity trainings and multicultural programs on campus and in the surrounding community.

Academic Guidance Counselor, Office of Supportive Services, Michigan State University, East Lansing, MI, September 2000- May 2002. Provided personal counseling and academic advising for first-generation college students; coordinated a residential learning community.

CONSULTATION EXPERIENCE

Expert Witness, June 2007- Present. Serves as a Consultant Cultural Expert Witness for a variety of court cases. Expert topics: Filipino American families and cultural issues, Asian American families and cultural issues, LGBT issues, and cultural competence.

Training Psychologist, New York Police Department/ John Jay College of Criminal Justice- New York, NY. October 2008-present. Co-facilitates several all-day trainings for NYPD sergeants, recruits, and emergency services unit officers. Serves as mental health expert and trains officers on working with individuals with various psychological disorders.

Training Consultant, Alexander Street Press. September 2010- Present. Conducts training videos focusing on culturally competent counseling with various populations.

Training Psychologist, New York City Department of Homeless Services Entry Level Peace Officer Training Program. December 2008-present. Conducts several all-day trainings on mental health issues for homeless citizens. Lectures on psychological disorders and administers educational tests.

Research Consultant, APA Healthy Eating and Active Living in our Neighborhoods (HEALIN'). April 2010- Present. Serves as an advisor for Healthy Food and Active Living Needs Assessment of New York City Asian American/ Pacific Islander Community.

Research Consultant, Midtown Community Court- New York, NY. April 2009- Present. Conducts qualitative research on transgender and male sex workers. Manages a team of researchers. Provides feedback for program evaluation and advocates for best practices.

Training Consultant, Midtown Community Court- New York, NY. January 2009- June 2010. Provides multicultural awareness workshops for Times Square Youth program.

Research Consultant, Barnard College- New York, NY. February- September 2009. Provides research and writing consultation for peer-reviewed manuscript development.

Training Consultant, Harlem Community Justice Center- New York, NY. October 2008. Provided multicultural awareness workshop for staff in-service training.

Training Consultant, Center of Court Innovation- New York, NY. March 2008. Provided multicultural awareness workshop for student leadership program.

Training Consultant, Taproot Community Health Clinic- Brooklyn, NY. June 2008. Trained team of facilitators on providing multiculturally competent services for clients.

Training Consultant, Human Rights Summer Institute, Third Millennium Foundation- International Center for Tolerance Education- Brooklyn, NY- June 2005, June 2006, June 2007. Provided several all-day trainings for a team of facilitators on providing multiculturally competent services for clients.

Research consultant, NYU Center for the Study of Asian American Health- New York, NY. September 2004- June 2005. Coordinated a community needs assessment for Filipino Americans in New York and New Jersey.

Training consultant, Fordham University Office of Residence Life- Bronx, NY. September 2004. Trained a seminar of 200 resident advisors on multicultural issues.

Research consultant, Filipino American Human Services, Inc. June 2003- February 2004.
 Conducted qualitative research for a non-profit organization focusing on
 Filipino American youth and mental health.

Training Consultant, Grosvener Settlement House- New York, NY. January 2003. Trained staff
 on providing multiculturally competent services for clients.

GRANTS

Lesbian Health Fund/ Gay and Lesbian Medical Association (2012-2013).

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: The Impact of Microaggressions on Lesbian, Bisexual, Transgender, and Gender
 Non-Conforming Women.

Amount: \$10,000.00

John Jay College of Criminal Justice- CUNY Office of Graduate Studies (2012).

Coordinators: Kevin L. Nadal, Ph.D. & James Wulach, Ph.D.

Title: Recruiting Graduate Students of Color to Forensic Mental Health Counseling and
 Forensic Psychology

Amount: \$10,000.00

New York University Clinical and Science Translational Institute (2011-2012)

Principal Investigators: Emerson Ea, DNP., Potri Ranka Manis, RN, & Kevin L. Nadal,
 Ph.D.

Title: Project Hakbang: A Step toward Understanding Cardiovascular Health of Filipino
 Immigrants

Amount: \$35,000.00

Diversity Projects Development Fund – City University of New York (2011)

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: Perceptions and Impacts of Racial Microaggressions: A Video Study

Amount: \$2,000.00

Robert Wood Johnson Foundation New Connections- Active Living Research (2010-2011)

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: Filipino American Youth Physical Activity Project

Amount: \$75,000.00

Forensic Psychology Research Institute at John Jay College of Criminal Justice (2010-2011)

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: Investigating Experiences of Transgender and Male Sex Workers

Amount: \$4,935.00

American Psychological Association Promoting Psychological Research and Training on Health
 Disparities Issues at Ethnic Minority Serving Institutions (2009-2010)

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: Mental health impacts of racial microaggressions on Latino and Filipino Americans

Amount: \$6,500.00

PSC-CUNY Research Grant, City University of New York (2009-2010)

Principal Investigator: Kevin L. Nadal, Ph.D.

Title: The impact of racial, ethnic, gender, and sexual minority microaggressions on mental health

Amount: \$2,400.00

Society for the Psychological Study of Social Issues (SPSSI), Applied Social Issues Internship Program (2001-2002)

Principal Investigator: Kevin L. Nadal

Title: Filipino American identity development

Amount: \$500.00

MAJOR HONORS AND AWARDS

- American Psychological Association, Division 45: Society for the Psychological Study of Ethnic Minority Issues, Emerging Professional Award for Research, 2012.
- Asian American Psychological Association (AAPA), Early Career Contributions to Excellence Award, 2011.
- Filipino American Human Services, Inc. (FAHSI) First Annual Kababayan Award, 2011
- Champion of Diversity Award, DiversityBusiness.com, 2011.
- Horizons for Health Community Leadership Award, Kalusugan Coalition, Inc., 2010
- Community Service Award, Given by Filipino American Human Services, Inc. and Queensborough President Helen Marshall, 2010.
- American Psychological Association Minority Fellowship Program, Psychology Summer Institute, 2009.
- William Stewart Travel Award. CUNY Academy, 2009.
- Special Award of Recognition, Philippine Economic and Cultural Endowment (PEACE, USA), 2008
- Minority Fellowship, Teachers College, 2002-2004
- Michigan State University Equal Opportunity Fellowship, 2000-2002
- MSU College of Education, Graduate Scholarship, 2000
- Asian Pacific Islander American Health Forum Voices Scholarship, 2001
- Scholarship Recipient, UC Irvine Pilipino Alumni Association, 1998
- Outstanding Student Scholarship, Filipino Circle of Fremont, CA, 1996

PROFESSIONAL MEMBERSHIPS

- Advisory Member, LGBT Behavioral Health Initiative, 2012- present.
- Vice President, Asian American Psychological Association, 2012- present.
- Co-Chair/ Founding Member, Division on Filipino Americans in the Asian American Psychological Association, 2010- present
- Trustee, Filipino American National Historical Society, 2010- present.
- President, Filipino American National Historical Society (FANHS)-Metro NY Chapter, 2009-present
- Member, American Psychological Association Committee on Lesbian, Gay, Bisexual, and Transgender Concerns, 2010-present
- Executive Board Member, Asian American Psychological Association, 2010- 2012.
- Founder and Chair, Filipino American Psychology Scholarship Advisory Board, 2009-

- present
- Coordinator, Mentorship Program, Section on Ethnic and Racial Diversity (SERD)- Division 17 of the American Psychological Association, 2009-2011
 - Board of Directors, Filipino Adoptee Network, 2008- present
 - Member, American Psychological Association, 2002- present
 - Member, Asian American Psychological Association, 2001-present
 - Member, Filipino American National Historical Society, 1998-present

COLLEGE-RELATED ACTIVITIES

- Member, John Jay Psychology Department Personnel Committee, 2012- present
- Member, John Jay LGBT Task Force, 2011- present
- Member, John Jay Psychology Department Curriculum Committee, 2010- present
- Member, John Jay Gender Studies Department Faculty Search Committee, 2010
- Member, John Jay Psychology Department Diversity Committee, 2009- present
- Member, John Jay Psychology Department Faculty Search Committee, 2009
- Member, John Jay Psychology Department Colloquium Committee, 2008- present

MISCELLANEOUS ACTIVITIES

- Freelance Writer/ Expert, *PolicyMic.com*, 2011- present
- Editorial Board Member, *Asian American Journal of Psychology*, 2011- present
- Ad hoc Peer Reviewer, *The American Psychologist*, 2012- present
- Ad hoc Peer Reviewer, *The Counseling Psychologist*, 2011- present
- Ad hoc Peer Reviewer, *Psychology of Men and Masculinity*, 2011- present
- Ad hoc Peer Reviewer, *Journal of Counseling Psychology*, 2009- present
- Ad hoc Peer Reviewer, *Asian American Journal of Psychology*, 2009-2011
- Peer Reviewer, Asian American Psychological Association Annual Conference, 2009-2010
- Mentor, Asian Pacific Islander Coalition on HIV/AIDS (APICHA) Youth Mentorship Program, 2009-2010
- Book Reviewer, *Group Dynamics for Teams, 2nd Edition*, Sage Publications, 2009
- External Peer Reviewer, *Equity & Excellence in Education*, 2005

UPDATED February 13, 2013