

## ACADEMIC SUPPORT

"ACADEMIC SUPPORT is not only for catching up  
IT's FOR GETTING AHEAD! "

### The Center for Math & Science

2516 North Hall

212-393-6349

### The Center for Humanities

&

### Social Sciences

3310 North Hall

212-237-8883



"The journey is the reward." – Chinese Proverb



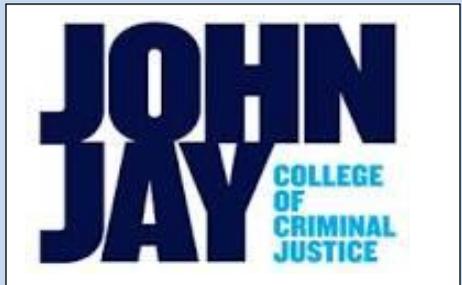
### *Percy Ellis Sutton SEEK Department*

*524 W.59th Street*

*North Hall, Room 3100*

*New York, New York 10019*

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## The Percy Ellis Sutton SEEK Program

*Search for Elevation Education  
and  
Knowledge*

## ACADEMIC STANDARDS:

Lower Freshmen 0-14 Credits

Upper Freshmen 15-29.9 Credits

- Fulfill the General Education Requirements
- General Electives
- Major Requirement Courses for your degree
- Graduation requirements.
- Observing the college deadlines, policies, rules and regulations published in the college bulletin.
- Completing these requirements would put you on the road to graduation in a timely manner.



√ Meet with your SEEK Counselor at least twice to three times per semester.

√ Visit the SEEK Academic Resource Center for your tutoring needs.

√ Develop proper study habits.

√ Read your college email on a consistent basis, keep up with information about John Jay College

√ Read the college bulletin which is available at the following link:

**Go To:** <http://www.jjay.cuny.edu/college-bulletins>

√ Learn about major and minor offerings at the college

√ maintain a GPA of 3.0 if possible

You can learn about the General Education requirements. Meet with your SEEK Counselor who can guide you through this process. If you are in doubt about what courses you must take and when you should be taking the courses.

**Go to:** <http://www.jjay.cuny.edu/general-education>

You can learn more about choosing your major. Your major is the set of courses you will register for base on your academic interest. When you decide on the type of career you wish to pursue you will have a better understanding as to why you choose that particular major.

**Go to:** <http://www.jjay.cuny.edu/choosing-major>

You can learn more about your Four Year Academic Plan for any major which you are planning to pursue. You can gain insights and will have an idea of how you can pace yourself as you take General Education courses and then start to add courses towards a major. The Finish-in-Four

Templates:

**Go To:** <http://www.jjay.cuny.edu/four-year-academic-plans> which shows you how you can complete not only your general education requirements, but all your degree requirements in four years. You can arrange your courses differently, but these examples will give you some helpful ideas!

You can visit the college's web link to have a better idea, on how best you can plan academically, which would give you the motivation and the drive to excel and continue to complete your degree.

**Go To:** <http://www.jjay.cuny.edu/successful-academic-planning>

