



# Did You Know?

Office of Human Resources  
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<http://www.jjay.cuny.edu/human-resources>

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

## CUNY WORK/LIFE PROGRAM (CCA)

During today's challenging times, CUNY recognizes that the success of the College is critically linked to the physical health and total well-being of the faculty, staff and their family members.

Think of [CCA@YourService](#) as an individualized resource for providing practical, around-the-clock information and assistance to manage your daily life. From emotional health and wellness support to assistance with daily work/life concerns like dependent care and financial/legal challenges, [CCA@YourService](#) is here to help. They can even help with personalized consumer resources and referrals like pet care, home improvement, budgeting and travel.

All of the benefits from [CCA@YourService](#) are available to your family members and those you care about. Available anytime, 24/7, CCA offers free, confidential access to professional counselors and online resources that can assist you with a variety of personal and work-related issues.

To access the program, please call 800-833-8707 or log in using company code "CUNY" at [www.myccaonline.com](http://www.myccaonline.com).

**cca**  
@YourService

ANY-TIME ACCESS TO EASIER LIVING:  
Online Resources @YourService

Welcome to CCA@YourService, a comprehensive lifestyle benefit for you and your family. As part of the program, this website offers a hub of articles and information on popular topics, and connects you to exclusive resources, tools, and daily living calculators.

Please enter your company code below.

Company Code:  
cuny

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