

Green Dino's March Newsletter



Learning about Feelings and Emotions

For this month, we will focus on learning about our feelings and emotions. It is important to teach young children about their feelings and supporting their understand to what social-emotional is. Simply identity and labeling different emotions help understand what happy, sad, scared, or tired is.

<https://raisingchildren.net.au/toddlers/play-learning/play-toddler-development/emotions-play-toddlers>

Activities:

Art- painting using yellow for happy, green for calm, blue for sad, and red for mad. From those colored paints (even if the children do not understand the representation of the colors to feelings, we can observe the way children paints and their motions.

Activities:

- Role modeling/role playing using a puppet
- Singing along, "The Feelings Song"

Book:

- My Many Colored Days, by Dr. Seuss, illus. by Steve Johnson and Lou Fancher

Reminders

If you haven't already, please fill out your child's intake form, reply to this email of your child's name story, and pictures of your family for our classroom's family tree. Thank you!

