Dear Yellow Duckling Families,

Welcome back to the Children’s Center! We hope you have enjoyed a safe and healthy Holiday Season. We are excited to have our returning Infants and young Toddlers, as well as welcoming new Infants into our classroom.

This month, we are focusing on adjusting to the classroom setting, and establishing new goals for our Infants over the course of the month. We will be working on helping the Infants develop connections and bonds, as well as assisting our Infants in acclimating to the classroom. We will focus on getting to know each other through group activities including finger plays, nursery rhymes, and sing-alongs. We will also be working on developing our gross motor skills as we move around the classroom and exploring our surroundings.
IMPORTANT DATES

February 8th: Classes run on a FRIDAY Schedule
February 11th-13th: College is Closed
February 21st: College is Closed

TIPS AND TRICKS

In a new environment, babies may feel anxious, especially if their parent is leaving them alone. Here are some tips to help your infant smoothly transition into a new environment:

1. Time your Goodbyes, and leave after saying goodbye
2. Practice separation at home
3. Create an exit ritual with your child
4. Keep your promises
5. Know that your baby will be OK

For more information, visit https://www.pampers.com/en-us/baby/development/article/baby-separation-anxiety

BOOK OF THE MONTH

"The Kissing Hand" by Audrey Penn