

# Yellow Ducklings

## March 2022 Infants Newsletter



### **Classroom Scoop by Ms. Carmen and Ms. Alicea**

Dear Yellow Duckling Families,

Hello everyone! Our kick off to the spring semester has been a wonderful success, as we welcomed back both our returning Infants and our new Infants into the classroom. Our Infants are doing an excellent job at developing new skills, grasping age appropriate concepts, and being very involved in various activities. We want to ensure that we continue helping our students grow and develop in every aspect.

Moving forward for the month of March, we will focus on more spring themed activities such as art, finger-plays, nursery rhymes, music, and movement throughout the day. These activities help enhance and develop the children's gross and fine motor skills, as well as social interaction with each other.



# Yellow Ducklings

## March 2022 Infants Newsletter



### Tips & Tricks

Daylights Saving time is back! Here are some tips to help your child adjust to the change in time:

1. Expose your child to natural light
2. Maintain a consistent bedtime routine
3. Prioritize naps
4. Introduce an earlier bedtime to your child to help with the time shifting forward

For more tips and tricks for helping your child with the time adjustment, visit <https://www.pampers.com/en-us/baby/sleep/article/adjusting-babys-sleep-for-daylight-savings-time>



### Book of the Month



*"Goodnight Moon"* by Margaret Wise Brown

### Important Days in March

- **March 1st**- First Day of Women's History Month
- **March 2nd** - Dr. Seuss' Birthday
- **March 13th**- Daylight Saving Time Starts