



Dear Families,

Fall is in Full Swing!

We have had some cool mornings and warm afternoons.

During the month of September, we practiced using our fine/small muscles.

- We experimented and played with water-scooping and pouring using a funnel;
- We learned how to hold onto our spoon more firmly, while scooping food at the lunch table;
- We practiced poking and holding pasta on our fork during lunch time;
- We are continuing to learn how to serve our own food using different utensils during meal times.

For the month of October we will focus on the following:

- Colors-red, orange and green;
- Explore leaves and pumpkins.

Some art activities will include:

- Finger painting using red, orange and green paint;
- Sponge painting using green, orange and red water colors

Story time will include:

- Books about Leaves and the Fall season,
- Books about Apples and Pumpkins

We will continue refining our small muscles with water play and manipulative toys.

There is always large muscle activities during Music & Movement and tummy time.

Wishing you a wonderful month!

Ms. Carmen

Tips & Tricks

Everyday Ways to Support Your Baby's Early Learning:

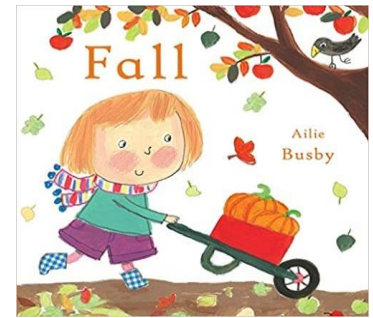
-Thinking Skills

Your child is learning how the world works by playing and exploring. Through play, babies and toddlers learn about how things work and how to be good problem solvers.

-What You Can Do:

- Encourage your child to explore toys in different ways – by touching, banging, stacking, shaking, etc.
- Turn everyday routines into playful learning moments. For example, bath time is a chance to learn about ideas like sinking/floating and wet/dry.
- Follow your child's interests. Children learn best through activities that excite them.

Book of the Month



Themes of the Month

Fall-we will be learning:

- About the season (nature walk, trees, leaves, colors, acorns, and pumpkins).
- Finger plays & songs-
 - Leaves are falling;
 - Five little pumpkins
- Sensory-
 - Water play, finger-painting, sponge painting;
- Language-
 - reading books, rhymes, finger plays, singing songs

Physical Activities-

- Music & Movement-
 - singing, dancing using musical instruments, floor time, tummy time

Important Days

- October 10th-
 - Columbus Day,
 - College Closed
- October 27th-
 - Children's Center
 - Fall Festival

Reminders

Change of Clothing-

- We are asking families to change the clothing that's in
- your child's cubby according to weather (warm coat, sweater, onesies, T-shirts, pants, & socks.

Baby's finger nails trimming

