

*Oswald E. Fraser
AVP for Administration*


*524 West 59th Street -
10th Floor - BMW Building
New York City, NY 10019
T. 212.237.8512
F. 212.237.8939
o Fraser@jjay.cuny.edu*

TO: John Jay Community

FROM: Oswald E. Fraser, AVP for Administration
Dr. Gerard W. Bryant, Director of Counseling, Wellness Center

DATE: October 29, 2020

SUBJECT: Course Announcement - Mental Health Training



As observed by Chancellor Rodriguez-Matos, the COVID-19 pandemic has made the last several months “challenging, unsettling, and heartbreaking.” Likewise, the Office of Academic Affairs (OAA) recognizes the physical and emotional toll the pandemic has had on our CUNY community.

OAA also recognizes that CUNY faculty and staff are not immune to the mental health and well-being effects of COVID-19. Therefore, OAA is pleased to offer two online courses for faculty and staff as we navigate the ongoing challenges of online instruction, distance learning, and remote support services.

The two courses, titled “Dealing with Grief and Bereavement” and “Self-care and Resilience,” have been designed and curated by members of the Offices of Academic Affairs to provide support, information, and resources to the dedicated faculty and staff of the University. The courses are currently available and can be accessed via Blackboard, which is reached through your CUNYfirst account.

If you have any question about the Blackboard trainings, please contact our campus representative, Dr. Gerard W. Bryant at gwbryant@jjay.cuny.edu